

Clearlight®

Infrared Saunas and Wellness Solutions

SUN ONE®

INFRARED SAUNAS AND WELLNESS SOLUTIONS

USER MANUAL

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1. Quick Start Guide

This is a summary only. Please read the full manual before first use.

The SUN ONE Wellness Lamp produces UVB light. Improper use may result in burns, eye injury, or skin damage.

Before You Begin

- Read all instructions before first use.
- The SUN ONE Wellness Lamp is intended for healthy adults.
- If you are under 18, pregnant, breastfeeding, have a medical condition, or are unsure if this product is right for you, consult your physician before use.
- Always wear the provided protective eyewear during each session.

Key Safety Points

- Start with 30–60 seconds, no matter your skin type.
- Increase gradually until you reach the recommended time for your skin type.
- Always stay 9.8 to 15.7 inches (25–40 cm) from the device.
- If redness occurs, stop until it fully clears (24–48 hours) and resume at a lower time.
- Do not exceed one session per day.
- Do not use it if you have sunburn, skin cancer, open wounds, or are taking photosensitizing medications without medical supervision.

Starting a Session

1. Put on your protective eyewear.
2. Hold the Power Button for 5 seconds to turn on.
3. Select your Skin Type using the Skin Type Button.
4. Adjust the Timer (optional: you may decrease but not increase beyond your setting).
5. Ensure the backlight is blue (correct distance).
6. Press the Power Button again to begin.
7. Remain still until the timer finishes. The lamp will shut off automatically.

Reminder: This guide does not replace the full manual. Review all instructions carefully for safe and effective use.

2. Welcome to SUN ONE® Wellness Lamp

a. For centuries, the sun has been our natural source of light and energy, helping to regulate our sleep, support our mood, and maintain overall wellness. A key part of this connection comes from ultraviolet B (UVB) light, which research has shown plays a vital role in supporting healthy Vitamin D levels in the body. However, modern lifestyles, geographic location, and limited sun exposure often make it difficult

The SUN ONE Wellness Lamp was designed to provide a safe, convenient, and controlled source of UVB light using advanced LED technology. With a peak wavelength of 295 nm, the SUN ONE replicates the same spectrum studied in clinical settings, allowing you to bring the benefits of targeted UVB exposure into your daily routine.

At Clearlight®, we have been pioneers in wellness technology for over 25 years, trusted worldwide for our innovative infrared saunas and complementary wellness solutions. The SUN ONE continues this tradition, offering a modern, easy-to-use design that helps you experience the potential benefits of UVB light in the comfort of your home.

b. About Vitamin D & UVB Light

Vitamin D is essential for healthy bones, a strong immune system, and overall well-being. Unlike most vitamins, your body can make Vitamin D naturally when your skin is exposed to ultraviolet B (UVB) light.

When UVB light reaches the skin, it starts a natural process that allows the body to create Vitamin D3, which is then converted in the liver and kidneys into its active form. This form helps the body absorb calcium and support a variety of important functions.

Modern lifestyles often make it difficult to get enough UVB exposure. Time spent indoors, sunscreen use, seasonal changes, and geographic location can all limit the amount of UVB that reaches the skin. In higher latitudes or during winter months, the sun may not provide enough UVB to support healthy Vitamin D levels.

UVB light is a specific range on the light spectrum, with wavelengths between 280 and 315 nanometers. The SUN ONE Wellness Lamp is engineered with a peak wavelength of 295 nm, which research has identified as an efficient range for supporting the body's natural production of Vitamin D.

2. Welcome to SUN ONE® Wellness Lamp - Continued

Why 295 nm Wavelength?

Not all ultraviolet light is the same. UVB light falls within a narrow range of the spectrum (280–315 nm) that research has shown to play a unique role in supporting the body’s natural Vitamin D production. Within this range, 295 nm has been identified as one of the most effective wavelengths for initiating this natural process in the skin.

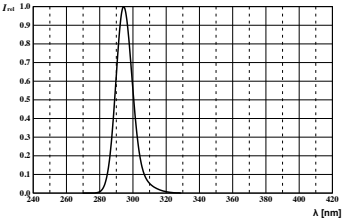
Some UVB devices use other wavelengths, such as 311 nm or 313 nm, which are often used in clinical dermatology settings to target specific skin conditions. While those wavelengths can be effective for certain therapies, they are less efficient for stimulating Vitamin D production compared to 295 nm.

The SUN ONE Wellness Lamp was engineered with a peak wavelength of 295 nm to align with published research on safe and effective UVB exposure. This allows the device to deliver consistent, targeted light in a controlled setting, helping you integrate UVB exposure into your daily wellness routine.

Caution: PROTECT YOUR EYES; WEAR PROTECTIVE EYEWEAR. To avoid injury to eyes, the provided protective eyewear must be worn by all persons in the room, during lamp operation.

Read instructions before use.

3. Specifications

Specification	Details
Wavelength	Peak 295 nm 

3. Specifications- Continued

Specification	Details
Performance	Irradiance: 110–180 $\mu\text{W}/\text{cm}^2$ (at 11.8 in / 30 cm) *
	Exposure Distance: 9.8–15.7 in (25–40 cm)
	UVB Output: • 100–150 IU per 30 seconds ** • 200–300 IU per minute **
	UVB Emitter: LED (light-emitting diode) with quartz glass
	UV Spectrum: $\geq 99\%$ UVB, $\leq 1\%$ UVA
	Treatment Area: 8.4 $\times$ 7.0 in (213 $\times$ 178 mm) at 11.8 in (30 cm)
	Sound Volume: 60–75 dB.
Power & Battery	Power Adapter: Dedicated 45W USB-PD power adapter
	Power Supply: 100–240V AC, 50/60 Hz
	Output: 20V, 2.25A
	Battery: 12.8V 2000mAh lithium battery
	Charge Time : ~3.5 hours
	Battery Life: ~60 minutes per charge
Environmental Conditions	Storage & Transport: 68°F–77°F (20°C–25°C)
	Operating Temperature: 50°F–140°F (10°C–60°C)
	Charging Temperature: 32°F–113°F (0°C–45°C)
Design & Dimensions	Size: 14.1 $\times$ 8.3 $\times$ 2.1 in (358 $\times$ 210 $\times$ 53 mm)
	Weight: 3.6 lbs (1.6 kg)
	Cord Length: 59" L (1.5 M)
Languages Supported	Languages: English, Spanish, German, Italian, Japanese, French, Mandarin, Arabic, Portuguese, Korean

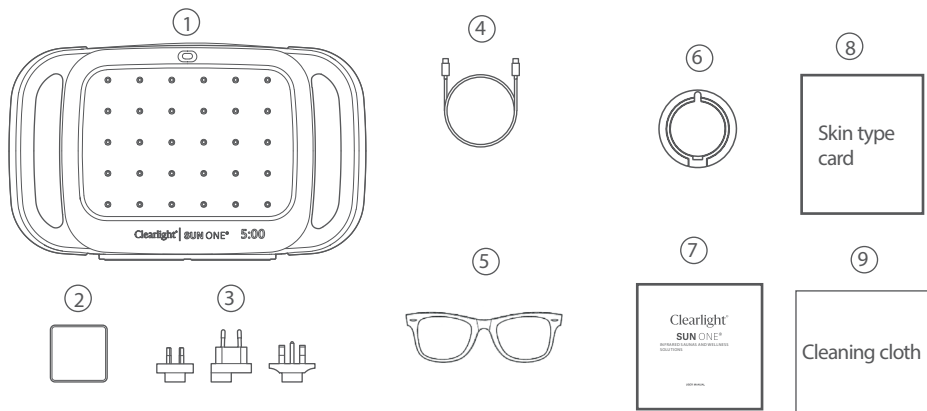
*Measured with a calibrated UV radiometer at the specified distance. Results may vary depending on measurement equipment.

** Vitamin D (IU) values are estimates. Actual production varies by skin type, age, and individual factors.

4. Components & Features

Your SUN ONE Wellness Lamp package includes:

A. Included Components



- | | | | | | |
|---|--|---|------------------------|---|----------------|
| 1 | SUNONE® Main Unit | 4 | USB-C Charging Cable | 7 | User Manual |
| 2 | Power Adapter | 5 | UVB Protective Eyewear | 8 | Skin Type Card |
| 3 | Optional (region specific plug included) | 6 | Eyewear Clip | 9 | Cleaning cloth |

4. Components & Features - Continued

B. Device Features

UVB LED Quartz Glass Screen

- Designed for optimal UVB output and durability.

Distance Sensor

- Ensures you are within the correct range (9.8–15.7 in / 25–40 cm).
- If you move too close or too far, the lamp pauses automatically, the backlight turns red, a beeping sound plays. If you remain out of range for more than 10 seconds, the session will end.

Ergonomic Rubber Handles

- For safe and comfortable handling.

Vesa Compatible Mounting Holes

- Compatible with optional articulating arm (sold separately).

Control Panel

- Power Button: Press and hold to turn on.
- Skin Type Selection Button: Adjusts the session based on your Fitzpatrick skin type.
- Timer Adjustment Button: Decreases session time as needed.
- Timer Display Screen: Shows session duration.
- Battery Level Indicator: Displays remaining charge.
- Status Backlight Indicator: Blue = Standby, Red = Out of Range, White = In Range

Speaker

- Provides voice reminders for eyewear and settings.

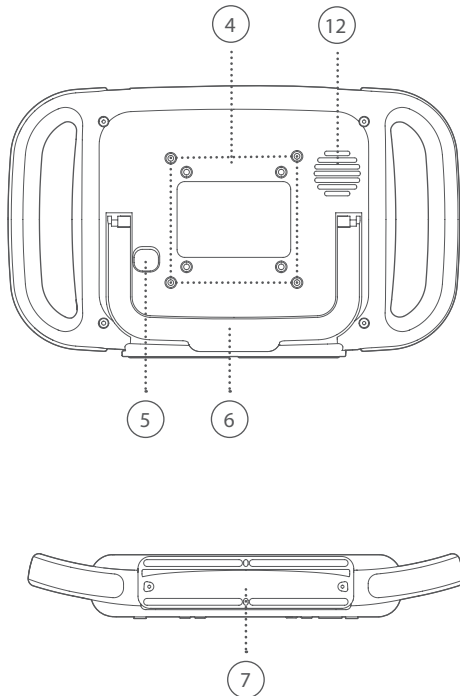
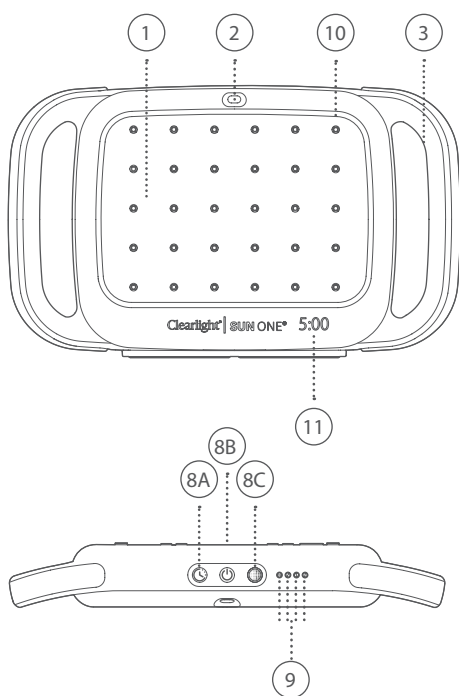
Battery Compartment

- Houses the rechargeable lithium battery.

Charging Port with Rubber Cover

- Protects the charging port when not in use.

5. SUN ONE Unit



5. SUN ONE Unit - Continued

Main Unit

- | | |
|--|------------------------------|
| ① UVB Led Quartz Glass Panel | ⑤ Charging Port Rubber Cover |
| ② Time-Of-Flight (Tof) Distance Sensor | ⑥ Adjustable Stand |
| ③ Ergonomic Rubber Handle | ⑦ Battery Cover |
| ④ Vesa Compatible Mounting Holes, For Mounting
With An Articulating Arm (Sold Separate- | |

User Interface

- | | |
|------------------------------|-----------------------------|
| ⑧ Control Panel | |
| Ⓐ Timer Adjustment Switch | |
| Ⓑ Power Switch | |
| Ⓒ Skin Type Selection Switch | |
| ⑨ Battery Level Indicator | ⑪ Timer Displayer Indicator |
| ⑩ Status Backlight Indicator | ⑫ Speaker |

6. Safety Precautions



NOTE: PLEASE READ BEFORE USING YOUR CLEARLIGHT SUN ONE

The SUN ONE Wellness Lamp is intended for healthy adults.

If you are under 18, pregnant, breastfeeding, have a medical condition, or are unsure if this product is right for you, consult your physician before use. Your safety is our top priority. Please review and follow all instructions before operating the SUN ONE Wellness Lamp.

Note: The instructions from your physician always take priority over this manual.

Protect Your Eyes

- Always wear the provided protective eyewear during lamp operation.
- Contact lenses, glasses, or sunglasses are not a substitute.

Ensure all people and pets are out of the room during use, as UVB light can cause eye damage.

- Failure to wear protective eyewear may result in severe burns or long-term injury to the eyes.

Avoid Overexposure

- As with natural sunlight, too much UVB exposure can cause skin irritation, burns, premature skin aging, or increased risk of skin cancer.
- Begin at the lowest time setting for your skin type and gradually increase according to the recommended protocol.
- Do not exceed your recommended exposure time.



Before Use: Understanding Photosensitivity and UVB Light

Photosensitivity is a condition where the skin becomes unusually sensitive to light, often due to certain medications, topical products, or other substances. When exposed to ultraviolet (UV) light, this sensitivity may cause reactions ranging from mild redness to severe rashes, burns, or inflammation.

Medications & Topical Products

- Some oral, topical, or injected medications can increase sensitivity to UV light.
- Common examples include antibiotics, diuretics, acne treatments, antidepressants, and psoralen drugs (which may cause extreme sensitivity and should only be combined with UVB exposure under physician supervision).
- Topical skincare products such as perfumes, soaps, essential oils, chemical peels, and “tingle” lotions may also trigger irritation. Always test new products on a small area before using the lamp.

6. Safety Precautions - Continued

Other Everyday Factors

- Tattoos, certain foods, and even artificial sweeteners have been reported to cause light-related skin reactions (photodermatitis).
- A substance that causes a reaction in one person may not affect another, and sensitivity may change over time.

Precautions

- Consult your physician before using the SUN ONE Wellness Lamp if you are taking any medications, applying new topical products, or have a history of photosensitive reactions.
- If redness, itching, or rash develops, stop using the device until cleared by your physician.

Do Not Use If

- You are under 18 years old.
- You have a history of skin cancer or are predisposed to it.
- You have sunburn or open wounds.
- You are currently under a doctor's care for conditions involving photosensitivity.
- You are taking photosensitizing medications without medical supervision.
- You are pregnant or breastfeeding without consulting your physician.

Other Important Warnings

- The SUN ONE is not intended for continuous operation.
- Do not use it in oxygen-rich environments.
- Not intended for use in electromagnetic environments.
- Protect sensitive areas such as scars, tattoos, and genitals by covering them during exposure.
- Remove cosmetics, fragrances, and skincare products before using the device. Do not apply sunscreen or tanning accelerators.
- Medication Patches: Do not expose medication patches (such as hormone, pain, or nicotine patches) or the skin under them to UVB light, as this may affect medication delivery or cause skin irritation.
- If you have received significant UV exposure from the sun or tanning beds within the last 24 hours, skip your session.

6. Safety Precautions - Continued

DANGER — Ultraviolet Radiation. Follow instructions. Avoid overexposure.

As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. Repeated exposure may cause premature aging of the skin and skin cancer. **WEAR PROTECTIVE EYEWEAR; FAILURE TO MAY RESULT IN SEVERE BURNS OR LONG-TERM INJURY TO THE EYES.** Medications or cosmetics may increase your sensitivity to ultraviolet radiation. Consult a physician before using this device if you are using medications or have a history of skin problems or believe yourself especially sensitive to sunlight. If you do not tan in the sun, you are unlikely to tan from the use of this product.

ALWAYS WEAR THE PROVIDED PROTECTIVE EYEWEAR SUPPLIED WITH THE SUN ONE WELLNESS LAMP. IT IS MANDATORY TO WEAR THE EYEWEAR BEFORE STARTING THE DEVICE.

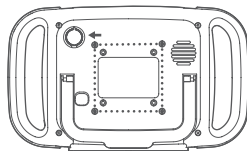
7. Operating Instructions

Important: Always wear the provided protective eyewear before starting a session.

Before Your First Session

Install the Eyewear Clip

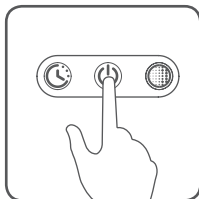
- Peel the protective backing from the adhesive on the eyewear clip.
- Attach the clip to the back or side of the SUN ONE device in a convenient location.
- Press firmly to secure.



The clip allows you to store your protective eyewear directly on the device so it is always available for every session.

1. Fully charge the SUN ONE Wellness Lamp using the included USB-C cable and power adapter.
2. Review the **Skin Type Card** to determine your Fitzpatrick skin type and corresponding starting time.
3. Place the device on a sturdy flat surface or mount it securely.
4. Position yourself so the treatment area is 9.8–15.7 in (25–40 cm) from the screen.

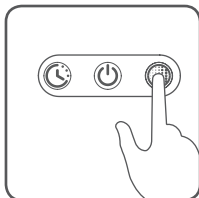
7. Operating Instructions - Continued



Starting a New Session

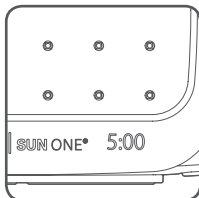
1. Turn On the Device

- Press and hold the Power Button for 5 seconds.
- You'll hear a startup sound followed by a safety reminder to wear your eyewear.



2. Select Your Skin Type

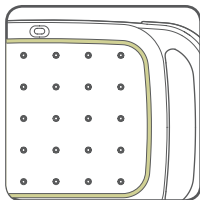
- Press the Skin Type Button.
- The speaker will announce the skin type and default time for that setting.
- The timer display will show the session duration.
- To change the skin type, press the Skin Type Button again until you reach the desired type.



3. Adjust the Timer (Optional)

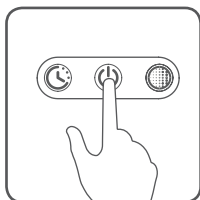
- Press the Timer Button to decrease time 30-second intervals.
- You can lower your session time but cannot increase beyond your skin type setting.

7. Operating Instructions - Continued



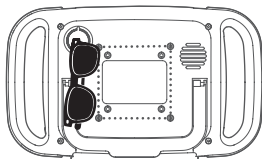
4. Check the Distance Sensor

- The backlight indicator will glow white when you are at the correct distance.
- If you are too close or too far, the backlight turns red, a beeping sound plays, and the UVB light pauses.
- If you remain out of range for more than 10 seconds, the session will end.



5. Begin Your Session

- Press the Power Button once more to start.
- Remain still and comfortable until the timer finishes.
- The lamp will automatically turn off at the end of your session.



After Your Session

- Clean the protective eyewear and store it on the eyewear clip attached to the device so it is ready for your next session.
- Do not exceed one session per day.

8. Usage

Exposure Protocol

- The SUN ONE Wellness Lamp is designed to provide safe, controlled UVB light exposure. All users, regardless of skin type, must begin gradually and increase exposure over time to reduce the risk of redness or burning.

Safety Reminders

- Always wear the provided protective eyewear during each session.
- The device will only operate if you are positioned 9.8 to 15.7 inches (25–40 cm) from the screen. The built-in sensor will pause the light and beep if you are too close or too far.
- Do not sunbathe or use tanning beds on the same day you use the SUN ONE.
- Allow at least 48 hours between your first two exposures.
- If redness occurs, stop using the device until all redness disappears (usually 24–48 hours). When restarting, return to the previous week's schedule before increasing again.

Step 1: Start Low

- For your very first session, limit exposure to 30 seconds to 1 minute, no matter your skin type.
- Allow at least 48 hours before your second session.
 - Best Placement
 - For the most effective results, place the SUN ONE Wellness Lamp so it shines on a larger area of skin not typically exposed to sunlight, such as your stomach or back. This allows greater UVB absorption while reducing the risk of uneven exposure.

Step 2: Increase Gradually

- Continue increasing slowly until you reach the recommended maximum for your skin type (see Skin Type Card).
- Progress may take several weeks, this is normal and important for safety.

Step 3: Maintain

- Once you reach the maximum time for your skin type and remain comfortable at that level, continue at that setting.

Important: Even darker skin tones (Types 5–6) can burn if exposure time is increased too quickly. Patience and gradual progression are key for safe use.

8. Usage - Continued

Skin Type Card

Use this chart to find your skin type and the maximum exposure time you should gradually work up to.

Skin Type	Typical Skin Color	Sun Response	Maximum Time (Once Fully Acclimated)
Type I	Very pale white	Always burns, never tans	1 Minute
Type II	Fair to light beige	Burns easily, tans minimally	2 Minutes
Type III	Beige / light olive	Burns moderately, tans gradually	2.5 minutes
Type IV	Light brown	Burns minimally, tans well	3 minutes
Type V	Medium to dark brown	Rarely burns, tans profusely	4 minutes
Type VI	Deep brown or black	Never burns, tans deeply	5 minutes

*Maximum time once skin is acclimated.

Always start at 30–60 seconds and increase gradually.

Recommended Exposure Areas

For best results, target body areas that are not usually exposed to sunlight. The stomach, back or legs are excellent options, as they provide a larger surface area for UVB exposure.

- Avoid regularly sun-exposed areas such as the face/head, lower arms, chest, and shoulders/upper back. These areas may already have received higher lifetime UVB exposure and are more prone to burning.
- Use caution with sensitive skin. Areas with scars, tattoos, or delicate skin may react differently to UVB exposure. Cover these areas if needed to prevent irritation.
- If you notice redness that lasts more than 24 hours, stop using the device until your skin fully recovers, then resume at a lower time.

A slight pinking of the skin after a session can be normal and indicates your skin is responding, but persistent redness means you should reduce your exposure.

8. Usage - Continued

Tips for Building a Consistent Routine

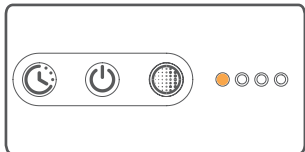
Consistency is key to safe and effective use of the SUN ONE Wellness Lamp. These tips can help make it part of your daily routine:

- **Habit Stack:** Pair your session with something you already do daily, like brushing your teeth or making coffee.
- **Keep It Visible:** Place the device somewhere you'll see it regularly. Many users keep it near their desk or monitor as a daily reminder.
- **Set a Reminder:** Use a phone alarm, calendar alert, or sticky note until it becomes a natural part of your routine.
- **Track Your Sessions:** Record your daily sessions and stay on schedule.
- **Check Your Levels:** A simple blood test is the only way to know your Vitamin D levels. Consider regular testing to monitor your progress and share results with your healthcare provider if needed.

Charging Instructions

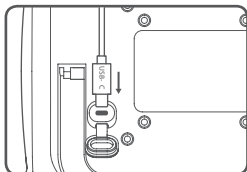
- Before your first session, fully charge the SUN ONE Wellness Lamp using the provided USB-C cable and power adapter.

How to Charge Your Device



1. Check Battery Level

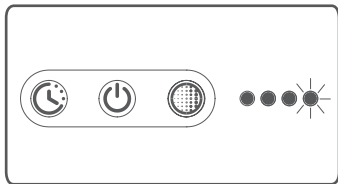
- The battery indicator will glow orange when the charge is low.



2. Connect the Charger

- Open the rubber cover on the charging port.
- Insert the included USB-C cable into the port.
- Plug the other end into the power adapter, then connect the adapter to a wall outlet.

8. Usage - Continued



3. Charging Indicator

- While charging, the battery indicator lights will blink.
- When fully charged, the indicator will stop blinking and remain solid.

4. Charging Time

- A full charge takes approximately 3.5 hours.
- Each charge provides up to 60 minutes of use.

Tips for Battery Care

- Always use the provided USB-C cable and power adapter.
- Charge the device every 3 months if not in regular use to maintain battery health.
- Do not charge in areas with temperatures above 113°F (45°C) or below 32°F (0°C).
- Keep the charging port covered when not in use to prevent dust or debris.

Note: When used regularly inside a sauna, the rechargeable battery may need to be replaced every 6 months to 1 year due to prolonged heat exposure.

Warning: Do not attempt to use the SUN ONE while it is charging.

Changing the Language

The SUN ONE offers 10 language options: English, Spanish, German, Italian, Japanese, French, Mandarin, Arabic, Portuguese, and Korean.

To change the language:

- While in Standby Mode, press and hold the Timer Button.
- Then press the skin type button and scroll through the languages.
- Release when the speaker announces the language you desire.

8. Usage - Continued

Keypad Lock

To lock the unit, press and hold all three buttons simultaneously for approximately 5 seconds while in standby mode.

When locked:

- The unit will play a confirmation message
- The backlight will blink purple to indicate lock status
- The timer will not be displayed while the unit is in locked status
- The unit will not operate normally until unlocked

Unlock Function

- To unlock the unit, press and hold all three buttons simultaneously for approximately 5 seconds.
- The unit will play an unlock confirmation message
- Normal operation will resume

Note

The unit will remain locked after it is turned off or after a session ends. It must be manually unlocked before use.

9. Cleaning & Maintenance

Regular care will help keep your SUN ONE Wellness Lamp performing at its best.

Cleaning the Device

- **Glass Screen:**

- Use the provided soft, lint-free cloth to gently wipe the quartz glass screen.
- If needed, lightly dampen the cloth with clean water or a mild glass cleaner.
- Do not spray liquids directly onto the screen.

- **Distance Sensor:**

- Keep the sensor clean for accurate operation.
- Wipe gently with the provided soft cloth.

- **Eyewear:**

- Clean the protective eyewear with the included cloth after each use.
- Store in a safe place to prevent scratches.

- **Maintenance Tips**

- Do not submerge any part of the SUN ONE in water or other liquids.
- Do not use abrasive sponges, steel wool, or harsh chemicals on the device.
- Always handle the device carefully to avoid scratching the screen or damaging components.
- Keep the charging port covered with the rubber cap when not in use.
-

Long-Term Care

- If not used regularly, charge the device every 3 months to maintain battery health.
- If the battery has been stored for more than a year, discharge and recharge it before use.
- Inspect the device regularly for visible damage before each session.
- Improper cleaning methods or use of harsh chemicals may damage the quartz glass or internal components.

Note: Always handle the SUN ONE carefully to avoid scratching the quartz glass or damaging the device. Improper handling may affect performance or shorten the lifespan of the device.

10. Storage & Disposal

Storage Guidelines

- Unplug the power adapter and charging cable before storing.
- Store the device in a **cool, dry place** away from high temperatures or humidity.
- Recommended storage temperature: **68°F–77°F (20°C–25°C)**.
- Charge the device every **3 months** if not in regular use to maintain battery health.
- If the device has been stored for more than a year, discharge and recharge the battery before use.
- Keep the charging port cover closed to prevent dust and debris.

Disposal Guidelines

- Do not dispose of the SUN ONE Wellness Lamp with regular household waste.
- Follow local regulations for recycling or disposing of electronic devices and lithium batteries.
- Contact your local recycling center or the retailer where you purchased the device for environmentally safe disposal.
- Do not incinerate or expose the battery to extreme heat.

Environmental Note:

Please dispose of this product and packaging in accordance with local regulations.



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmentally safe recycling.

11. Troubleshooting

Issue	Possible Cause	Solution
Session stops during use	Distance sensor warning	Ensure you remain within the recommended distance range and that the sensor is not blocked.
No Power: The unit will not turn on	Battery is not charged	Plug the power adapter into the device and allow it to charge.
	Power adapter is not connected properly	Ensure the power adapter is securely connected to both the device and the electrical outlet.
	Incorrect power adapter being used	Only use the power adapter and cable supplied with the unit.
The unit turns on but a session will not start	Distance sensor warning	If the status light ring is red and an audio warning is heard, the device is detecting an incorrect distance.
	Too close or too far from the device	Adjust your distance from the SUN ONE device until the light indicator changes.
	Distance sensor is blocked	Remove any objects blocking the sensor. The sensor is located at the center of the front cover above the glass plate.
The unit will not charge	Power adapter not connected properly	Confirm the power adapter is connected to both the device and the electrical outlet.
	Incorrect power adapter being used	Only use the power adapter and cable supplied with the unit.
	Temperature conditions	Move the device to a normal room-temperature environment before charging. Avoid very hot or cold locations.

11. Troubleshooting - Continued

Issue	Possible Cause	Solution
Battery drains quickly after charging	Battery may be degraded	Please contact Clearlight Service department for assistance.
Device will not turn on after pressing power button	Power button not held long enough	Press and hold the power button for 5 seconds to turn the device on.

12. FAQ

Q: Will I tan from this lamp?

A: No. The SUN ONE Wellness Lamp is not a tanning device. It uses UVB light at a specific wavelength designed for wellness, not for tanning.

Q: Why do I need to wear protective eyewear?

A: UVB light can cause serious eye damage over time if your eyes are not protected. Always wear the provided eyewear during each session.

Q: Can I use the SUN ONE on my face or head?

A: No. The SUN ONE is not recommended for use on the face, head, chest, arms, or shoulders. These areas often receive more lifetime UV exposure and may be more prone to burning or irritation. For best results, focus on larger areas that are less exposed to sunlight, such as the stomach or back.

Q: How does UVB light support Vitamin D production?

A: When UVB light reaches the skin, it triggers a natural process that allows the body to create Vitamin D3, which is then converted in the liver and kidneys into its active form.

Q: Why does the SUN ONE use 295 nm instead of 311 nm or 313 nm like other devices?

A: Research has shown that 295 nm is near the peak efficiency for stimulating Vitamin D production in the skin. Other wavelengths, like 311–313 nm, are often used in dermatology for skin conditions but are less efficient for Vitamin D synthesis.

12. FAQ - Continued

Q: How much Vitamin D will I make?

A: It varies widely depending on your skin type, how much skin is exposed, your diet, and other factors. Because everyone responds differently, we cannot predict exact levels.

Q: What if my skin gets red after a session?

A: Redness means your skin has received too much UVB light. Stop using the device until all redness has disappeared (usually 24–48 hours). When restarting, reduce your session time. If redness continues, discontinue use and consult your healthcare provider.

Q: Can I use the SUN ONE Lamp in my Clearlight Sauna?

A: Yes! You can stack your wellness practices by using the SUN ONE during your Clearlight Sauna session. However, never charge the device inside the sauna. Prolonged exposure to heat can degrade the battery over time.

Q: Can I use the lamp more than once a day to increase results?

A: No. Using the SUN ONE more than once per day increases the risk of burning and skin damage.

Q: Why can't I use it right after sunbathing or tanning?

A: UV exposure from multiple sources in the same day greatly increases the risk of burns and skin damage. Wait at least 24 hours before using the SUN ONE after significant sun exposure.

Q: How long will the lamp last?

A: The UVB LEDs are designed to last for years of regular use, with an estimated lifespan of over 1,000 hours.

Q: Can two people use the same device?

A: Yes, but only one person may use the lamp at a time. Each person should follow their own gradual exposure schedule and use their own protective eyewear.

13. Warranty

Coverage

- Device: 5 years (Residential and Commercial use)
- Rechargeable Battery: 90 days

What Is Covered

Your SUN ONE Wellness Lamp is warranted to be free of defects in material and workmanship under normal use and service conditions for:

- Workmanship: 5 years
- Electrical Components: 5 years
- Applies to both Residential and Commercial use

Who Is Covered

- This warranty applies only to the original retail purchaser.
- Warranty coverage ends if the device is transferred to a new owner.

How Warranty Service Works

- If your SUN ONE becomes defective within the warranty period:
- Sauna Works will provide replacement parts or replace the device at our discretion.
- Return transportation to you is included.
- Labor is not included.
- Authorization is required before returning any product. Unauthorized returns will not be accepted.
- Sauna Works reserves the right to repair or replace component parts without requiring return of the entire device.

What Is Not Covered

- This warranty does not cover:
- Normal wear and tear of parts
- Damage from accident, abuse, misuse, or negligence
- Defects caused by improper assembly, alteration, transportation, fire, or flood
- Claims or warranties made by any party other than Sauna Works headquarters

13. Warranty - Continued

Legal Limitations

- All implied warranties, including merchantability and fitness for a particular purpose, are limited to 5 years from purchase.
- To the extent permitted by law, all implied warranties are otherwise excluded.
- Sauna Works is not liable for consequential or incidental damages, including loss of use.
- Sauna Works reserves the right to alter or improve the design without prior notice and to repair or replace warranted equipment with new parts or products.

14. Contact Information

For your record, please complete the following information. You will need to refer to this information when calling Clearlight® customer service.

Date of Purchase:

Date of Delivery:

Model Number:

Serial Number:

Dealer information (Name and Telephone number):

Clearlight®

Infrared Saunas and Wellness Solutions

SUN ONE®

INFRARED SAUNAS AND WELLNESS SOLUTIONS

USER MANUAL