Meet Your Sauna Assistant: Heidi

Clearlight®

Heidi is designed to enhance your sauna experience by responding to a set of predefined voice commands to control your sauna. To activate Heidi, just say "Hey Clearlight". Then simply say any of the command phrases listed below and your sauna will respond accordingly. This means you can enjoy a completely hands-free experience to control your sauna.

Using Heidi:
Activating Heidi: Just say "**Hey Clearlight**"
Commands: Refer to the list below of predefined commands to see how Heidi can assist you.

Command	What the Command will do
Hey Clearlight	This will activate Heidi, your sauna assistant. If Heidi doesn't hear a command, she will prompt you to say "Hey Clearlight" again when you are ready.
Power On	Turn your sauna on
Power Off	Turn your sauna off
Inside Lights On	Turn the inside lights on
Inside Lights Off	Turn the inside lights off
Mood Lights On	Turn the Mood lights on
Mood Lights Off	Turn the Mood lights off
Temperature Up	Increase the sauna temperature by 5 degrees
Temperature Down	Decrease the sauna temperature by 5 degrees
Time Up	Increase your sauna timer by 5 minutes
Time Down	Decrease your sauna timer by 5 minutes
FS Heater Off	Turn the front Full Spectrum heaters off
FS Heater Fifty	Turn the front Full Spectrum heaters on half power
FS Heater Seventy Five	Turn the front Full Spectrum heaters on 75% power
FS Heater One Hundred	Turn the front Full Spectrum heaters on full power
Celsius	Display temperature in Celsius
Fahrenheit	Display temperature in Fahrenheit
Volume Up	Increase the volume of Heidi's Responses
Volume Down	Decrease the volume of Heidi's Responses

Please Note: Heidi is programmed to respond only to the specific phrases listed and will not answer any other questions.
Privacy Assurance: Heidi only responds to specific commands and does not record or store conversations.

If you prefer not to use voice control, you can easily disable it by unplugging and removing the white speaker from the power supply in the roof. Please contact Service if you'd like help walking through it.