

General Guide for Disassembling, Moving or Storing Your Sauna

This guide provides a general outline for disassembling, moving, or storing your sauna. While specific instructions are not available for Sanctuary units, working backward through the assembly manual or referencing our assembly videos can be helpful.

Important Considerations

- **Unplug the sauna** before starting disassembly.
- If recently used, **allow it to cool down completely.**
- **Do not move the sauna fully assembled**, even if glass panels are removed.
- Handle all glass components with care.

Disassembly Order

1. **Unplug the Sauna** – Disconnect all power sources.
2. **Remove External Accessories** – Detach any add-ons (e.g., Red Light Core Tower, HALO ONE).
3. **Clear Storage Areas** – Empty cubby spaces, including USB cables.
4. **Remove Front Full Spectrum Heaters** – Bubble wrap and double-box for protection.
5. **Disconnect All Wires** – Prevent damage by disconnecting wires from:
 - Top access panels
 - Under the seat
 - Bottom of the back wall panel

(Sanctuary indoor models):

- Front glass walls and door
- Glass ceiling
- Roof panel
- Bench top and support
- Back and side walls
- Floor panel

(Outdoor models):

- Roof cap
- Roof panel
- Front panel (Glass door removal not required. Tape/strap it to prevent it from opening)
- Bench top and support
- Back and side walls
- Floor panel

(Premier models):

- Roof panel
- Front panel (Glass door removal not required. Tape/strap it to prevent it from opening)
- Bench top and support
- Back and side walls
- Floor panel

Moving and Storing Tips

- Use **packing materials and moving blankets** for protection.
- **Label each panel** for easy reassembly.
- **Bag and label screws, bolts, and accessories.**
- **Seal heaters** from outside air to protect mesh components.
- Consider **professional moving or crating services** for long-distance moves.

Reassembly

Reassemble the sauna at the new location using the user manual or assembly video

Installation and Clearance Requirements

- **Your sauna is designed as a standalone unit** and must remain fully accessible on all sides and roof.
- **At least 4 inches (10 cm) minimum clearance on each side of the sauna** is required for installation and proper ventilation.
- **Adequate clearance above the sauna roof** is necessary to allow for installation, troubleshooting and maintenance access as key components are located in the roof of the sauna. Please ensure sufficient space to safely access the roof when needed.
- **Customer Responsibility:** If service or maintenance is required, the sauna must be fully accessible on all sides and the top. The customer is responsible for removing the sauna from its location to ensure adequate access for troubleshooting and repairs.

Pro Tip

To move an indoor sauna across the room, **use furniture sliders** under the corners and get a friend's help. **For additional questions, refer to the user manual or contact support.**