

# Recliner Bench Instructions

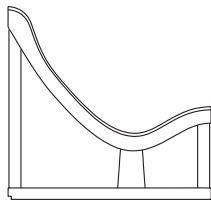
Compatible with Sanctuary Y, Retreat, and Studio models. Easy assembly required.

## Specifications

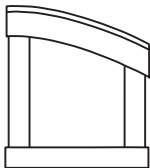
<b>Weight Bearing Load:</b> 350 lbs	<b>Wood Footrest</b> Width: 22.5" Depth: 16.5" Height: 19" Weight: 12 lbs	<b>Mesh Cover</b> Length: 76" Width: 22.5"
<b>Size</b> <b>Wood Lounge Chair</b> Width: 22.5" Depth: 41" Height: 39" Weight: 30 lbs	<b>Memory Foam Cushions x 2</b> Width: 17.5" Depth: 2.25" Height: 8"	

You will need:  
• Phillip's Head Screwdriver - not supplied

## Components



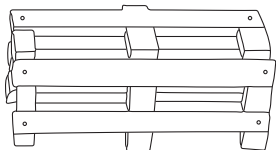
Wood Backrest Frame – 2 pcs



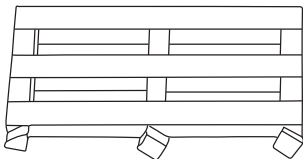
Wood Footrest Frame – 2 pcs



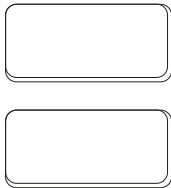
Wood Support Blocks – 5 pcs



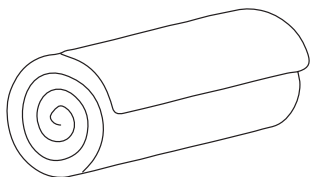
Backrest Support Slats – 1 set



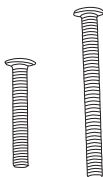
Footrest Support Slats – 1 set



Memory Foam Headrest Cushion – 1 pc  
Memory Foam Footrest Cushion – 1 pc



Roll-up Mesh Mat Cushion – 1 pc



Gold Screws for support blocks – 16 short, 4 long

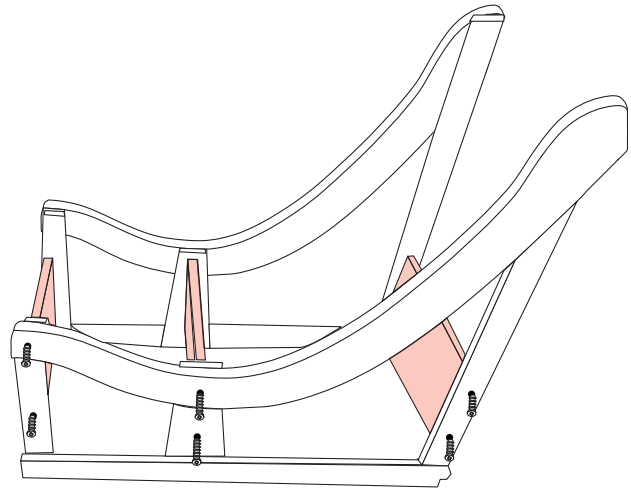


Silver Wood Screws for support slats – 24 pcs

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### Assemble the Wood Backrest Frame

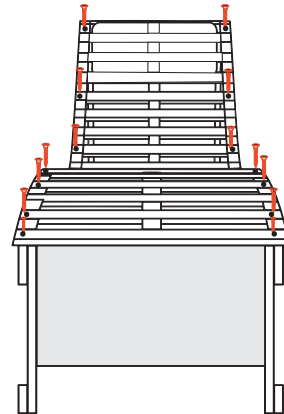
- a. Connect the two backrest frames using 3 wooden support blocks.
- b. Place one block at the front, one in the middle, and one at the back.
- c. Use 2 long gold screws to attach the center top block to the frame.
- d. Use short gold screws to secure the remaining holes in all three blocks (10 screws total).



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### Attach the Backrest Support Slats

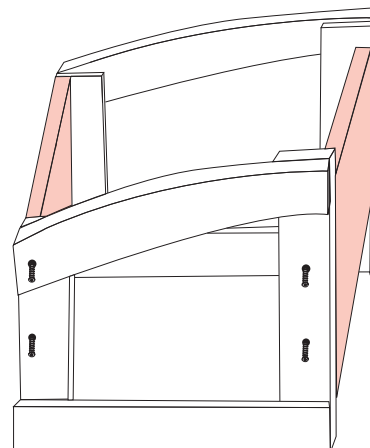
- a. Drape the Backrest Support Slats over the frame.
- b. Align evenly and secure using Silver wood screws—2 on each side (14 screws total).



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### Assemble the Wood Footrest Frame

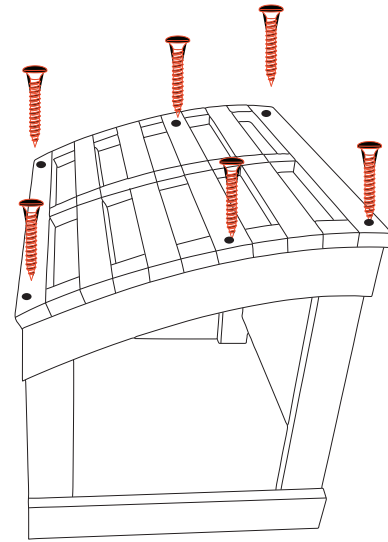
- a. Connect the two footrest frames using 2 wooden support blocks, one at the back and one at the front.
- b. Use 2 long gold screws to secure the block to the top front of the frame.
- c. Use short gold screws to secure the remaining holes in the blocks (6 screws total).



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### Attach the Footrest Support Slats

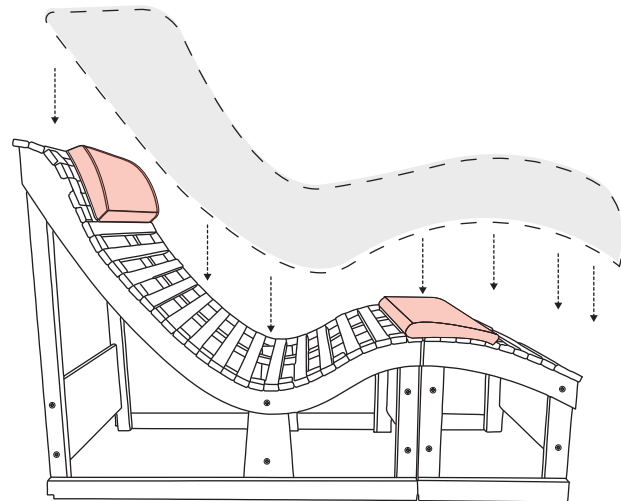
- Drape the Footrest Support Slats over the frame.
- Align evenly and secure with Silver wood screws—2 on each side (6 screws total).



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### Attach Cushions

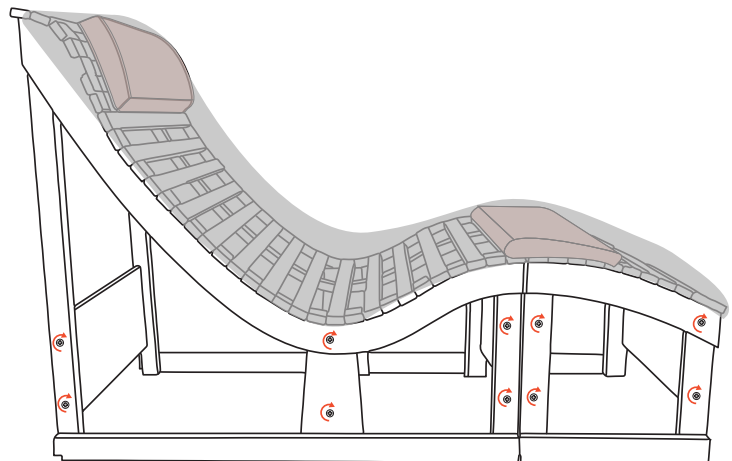
- The memory foam cushions have wooden blocks on the back that fit between the slats.
- Place the Headrest Cushion at the top of the backrest.
- Place the Footrest Cushion at the base of the footrest.
- Drape the Roll-up Mesh Mat Cushion over the entire bench for added comfort and secure with straps.



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### Final Check

- Ensure all screws are tightened and all components are secure.
- Sit back, relax, and enjoy your ergonomic recliner!



### **Placement Requirement**

When placing the bench inside of the Clearlight Sauna, be sure to maintain a minimum distance of 18 inches (46 cm) between the bench and the front Full spectrum heaters to ensure proper performance and safety compliance.

### **Cleaning & care**

Wood: Clean after each use with a gentle No-VOC cleaner.

Fabric: Spot clean only with a damp cloth.

### **Warranty**

5 years - residential and commercial.