

Prerequisites:

Before starting, ensure that your sauna has a 5 GHz-compatible power supply.

First Time Using the App:

1. Download the Correct App:

Install the new "**Clearlight Sauna Connect 5GHz**" app from your device's app store.



[Android 5 GHz Clearlight® Sauna App - 5 GHZ](#)



[Apple 5 GHz Clearlight® Sauna Connect 5GHz](#)

2. Confirm Location/GPS Is Enabled:

- **iOS (Location Services):** Go to Settings > Privacy & Security > Location Services and ensure it is turned On.
- **Android (Location):** Go to Settings > Security & Location > Location and ensure it is turned On.

3. Grant Necessary Permissions:

- **Network Access:** When prompted, select "OK" to grant network access.
- **Location Access:**
- **iOS:** Select "Allow While Using App."
- **Android:** Choose "Allow All The Time."

Account Registration:

4. Create an Account:

Open the app and select the "Sign Up" button.

Enter your email address, create a password, and click "Register" to complete your account registration.

App Setup:

1. Log into your account.

2. Enable Bluetooth and Wi-Fi:

Ensure that both Bluetooth and Wi-Fi are enabled on your mobile device, and connect to the same Wi-Fi network that will be used for the sauna setup.

3. Activate the Sauna for Setup:

- Press and hold the sauna's power button for 10 seconds until you hear an audible beep.

4. Wi-Fi Setup:

- In the app, tap the "Wi-Fi" button to proceed with the setup.
- You will be directed to the setup screen.

- Select the Bluetooth network when it appears (this may take 30-60 seconds).

5. Connect to Your Wi-Fi Network:

- Enter your Wi-Fi SSID password. If your SSID does not automatically appear, manually input the network name.
- Tap "Setup" to initiate the connection process.
- The connection process may take several minutes. Once completed, the sauna will appear on the app's home screen, allowing you to control its functionalities.

6. Powering Off and On the Sauna:

- Power off the sauna using the physical keypad inside the sauna.
- Power it back on using the app to ensure proper functionality.

Renaming the Sauna:

To rename the sauna (useful when multiple saunas are connected):

1. Press and hold on the sauna in the list
2. Enter a new name and press "Save."

Basic App Troubleshooting:

Issue: The connection screen just shows "spinning" until the cancel button appears.

- Ensure the sauna is switched to Wi-Fi mode before tapping "Setup."
- Verify that the wireless network password is entered correctly.
- Ensure that the sauna is close enough to the wireless router. Long distances, thick walls, or outdoor setups can affect the connection.

Issue: My wireless network name is not auto-populated on the Setup screen.

- Ensure that Wi-Fi is turned on for your device.
- Confirm that you granted location access during the setup.
If not, follow these steps:
 1. Delete and reinstall the app.
 2. Adjust location settings:
 - iOS: Change to "Ask Next Time."
 - When prompted, choose "Allow While Using App" (iOS) or "Allow All The Time" (Android).
 3. Create a new user account using an email that has not been used before.

App Usage:

Every time you log in, select your sauna and tap "Remote Online."

The app mirrors the functions of the sauna keypad. Here's how to use the basic features:

System On/Off:

1. Press the "POWER" button in the app to turn the sauna on.
2. The session will automatically end when the programmed timer expires.
3. Press "POWER" at any time to turn the sauna off.

Sauna Session Time:

1. Set the sauna duration up to a maximum of 60 minutes.
2. Use the "TIME UP" or "TIME DOWN" buttons to adjust the session time in 5-minute increments.
3. Release the button once your desired time is displayed.

Controlling the Set Temperature:

1. You can set the temperature up to a maximum of 175°F (80°C).
2. Use the "TEMP UP/DOWN" buttons to adjust the temperature. Release the button once your desired temperature is displayed.

Switching Between Fahrenheit & Celsius:

- Press the "F/C" button to toggle between Fahrenheit and Celsius.

Controlling Lights:

1. **Inside Lights:**
Press the "INSIDE" button to turn interior lights on or off.
2. **Outside Lights:**
Press the "OUTSIDE" button to control exterior lights and the mood lights.

Full Spectrum Heater Control:

3. Press the "Full Spectrum" button to adjust the front heater's intensity.
4. The heater starts at 100% intensity. Press the button to adjust:
 - Once for 75%
 - Twice for 50%
 - Three times to turn it off

Note: The intensity level will display on the app.

Reservation Mode:

Important: Before setting up reservation mode, ensure there are no towels or items left on or against the heaters.

Preset your sauna to turn on up to 36 hours in advance:

1. Press the "POWER" button in the app to turn on the sauna.
2. Set the desired time and temperature for when the sauna turns on.
3. Press the "RESERVE" button. The time will flash.
4. Use the "TIME UP" button to set how many minutes or hours ahead you want the sauna to turn on (range: 1-36 hours).
5. The keypad will count down in one-hour increments.
6. To cancel the reservation, press the "POWER" button in the app to turn off the sauna.

AUX Button:

The AUX button controls additional features that can be added to your sauna. Instructions for using these features will be included with the purchased item.

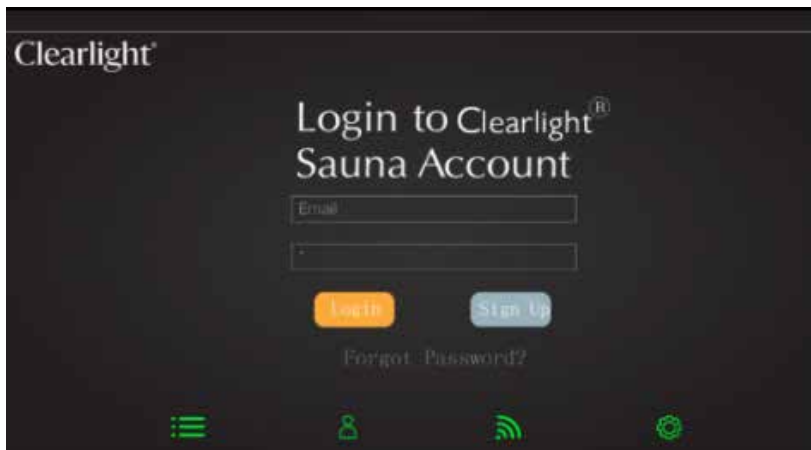
Old: Mobile App Instructions

First Time Using the App:

1. Make sure to download the correct version of the app: Clearlight Sauna Connect 5ghz.
2. If prompted to grant permission for network access, please select "OK"
3. When prompted for location access, choose "Allow While Using App" on iOS or "Allow All The Time" on Android.

Account Registration

1. Initiate the account registration process by selecting the "Sign Up" button.

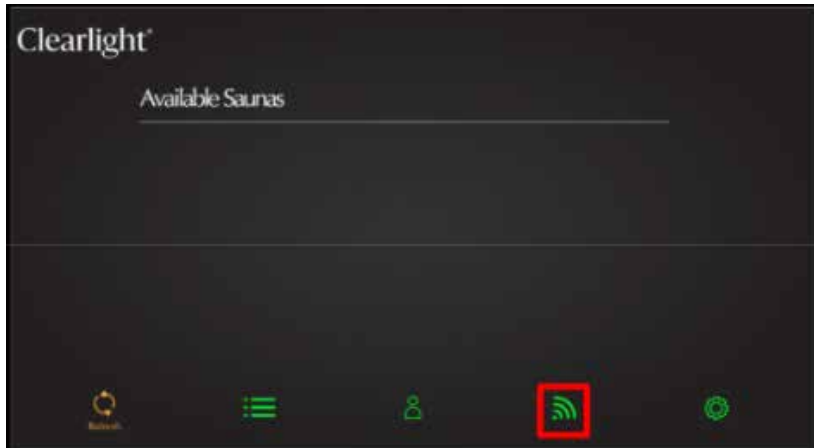


2. Enter your email address and create a password then proceed by clicking on the "Register" button to complete the registration process.

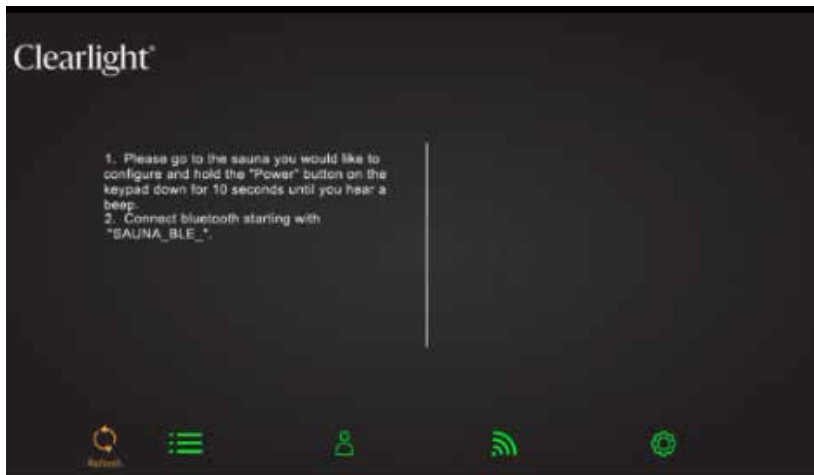


App Setup

1. Verify that both Bluetooth and Wi-Fi functionalities are enabled on your mobile device. Ensure that your Wi-Fi connection is established on the same network utilized for the initial setup process.
2. Upon successful registration, perform a 10-second press-and-hold action on the power button until an audible beep is heard.
3. In the app, click on the Wi-Fi button to proceed to setting up the app.



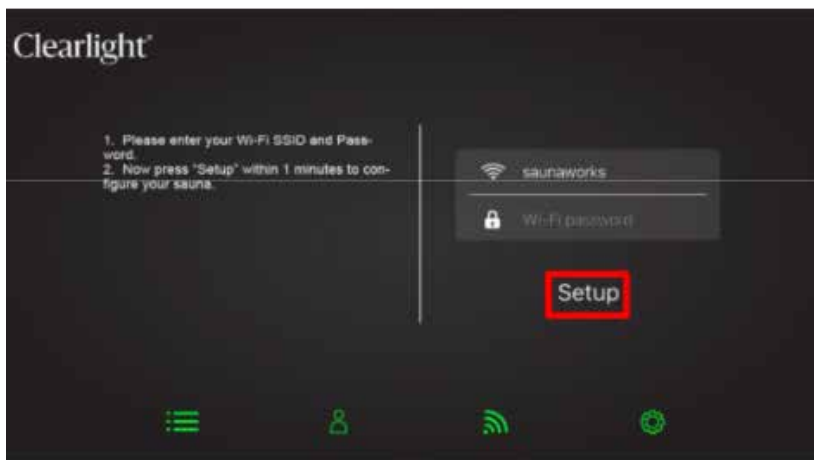
4. Following the selection process, you will be directed to the Setup screen.



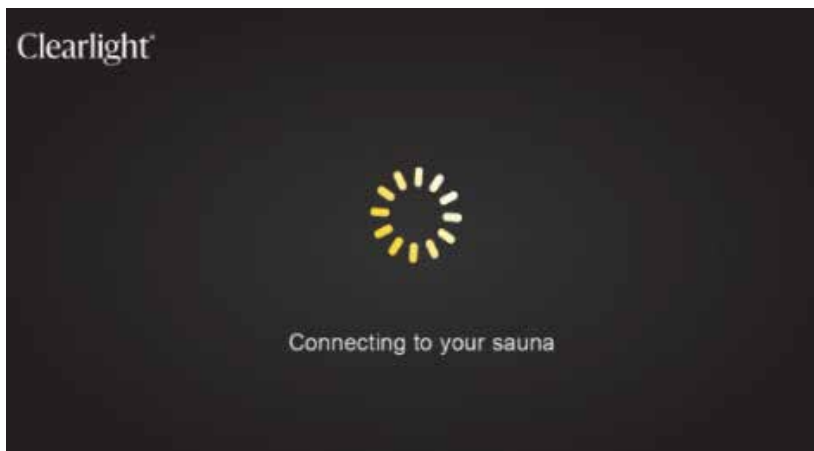
5. Select the Bluetooth network from the available options once it appears.
Please note that it might take 30 to 60 seconds for the Bluetooth network to become visible.



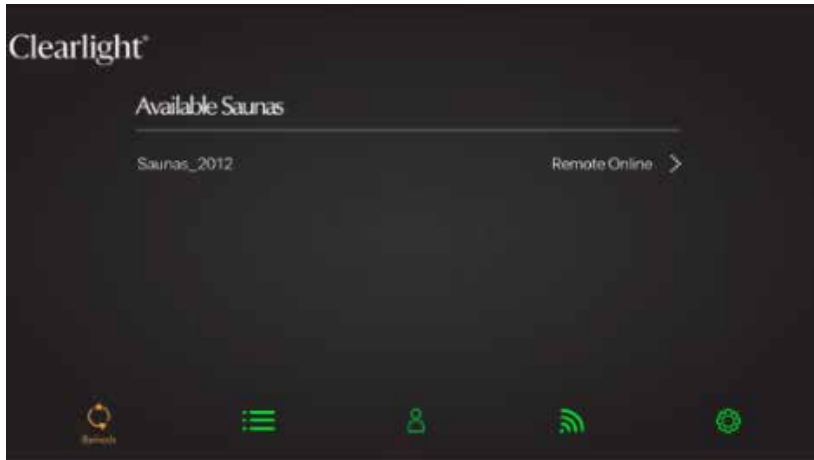
6. You will be then prompted to enter the password for your WIFI SSID then click on "Setup". Your WIFI SSID should automatically appear, if not, enter this manually.



7. The app will then initiate the process of connecting to the sauna. Please note that the setup process can take several minutes.



8. Upon completion of the setup process, you will be redirected to the home screen, and the sauna will be visible within the application. You can now utilize the app to control the sauna functionalities.



Renaming the Sauna

1. You can rename the sauna as needed, which is particularly useful in settings where multiple saunas are present.
2. To rename the sauna, simply select the sauna from the list.



3. Enter the name of your choosing for the sauna and press save.



Basic App Troubleshooting

1. The connection screen just shows “spinning” until a cancel button appears.
 - a. Ensure that the sauna is switched to its Wi-Fi mode just before tapping "Setup" within the app. Double-check the accuracy of your wireless network password on the initial setup screen.
 - b. Proximity can also influence the setup, particularly in scenarios involving several walls or floors between the wireless router/access point and the sauna(s), or if the sauna is situated outdoors and is too distant from the router.
2. My wireless network name is not auto-populated on the Setup screen. Is this an issue?
 - a. This could be due to not having WiFi turned on the device.
 - b. Another cause is not accepting use of your location in the beginning of the setup process. If you think this may be the case, proceed to the below troubleshooting steps:
 - i. Delete and reinstall the app.
 - ii. Verify Location settings are correct, change to "Ask Next Time" for iOS.
 - iii. When prompted by the app, choose "Allow While Using App" (iOS) or "Allow All The Time" (Android) for location access.
 - iv. Create a new user account, ensuring not to use any previously used email addresses.