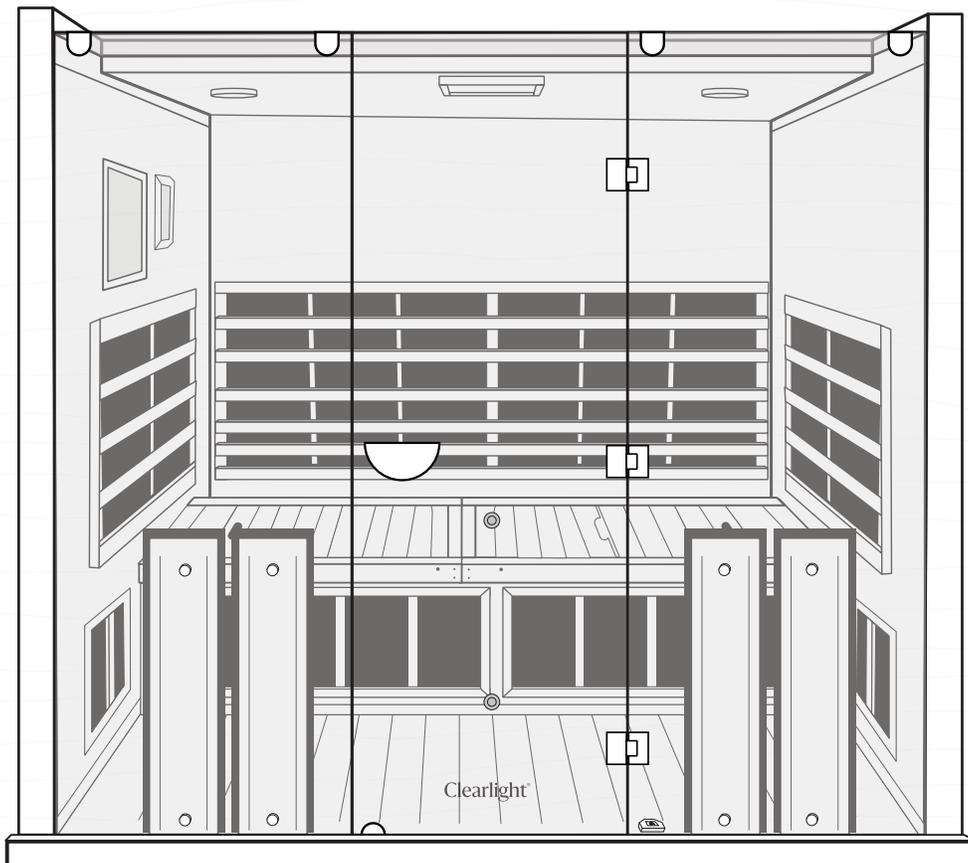


Sanctuary 5 Owner's Manual

Full Spectrum Sauna



Superior Quality and Service

Congratulations on your purchase of a Clearlight Infrared Sauna.

We are confident that you will enjoy the many benefits of your sauna for years to come.

Please read this manual before using your Sauna for the first time.

Please keep this manual for future reference.

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* The information contained in this manual is subject to change without notice.

Welcome

Dear Customer,

Thank you for choosing Clearlight® saunas. We realize that you have many choices.

The Clearlight brand is known the world over for four important factors:

1. Innovative Wellness Technology
2. Exceptional Customer Service
3. Quality Workmanship
4. Superior Product Performance

We use only the finest materials with expert craftsmanship, state of the art technology, and the highest safety standards in the industry. We also offer our residential customers a lifetime warranty on all Clearlight infrared saunas.

You may be surprised at the noticeable effects on pain, weight, skin tone, and stress after using your Clearlight sauna. We invite you to experience the difference: superior quality, service and performance.

We thank you for your purchase and look forward to serving you further. After using your sauna, please tell your friends about the positive changes that you see. We find that this simple communication from one person to another is the best way to share the story of health found by using our unique infrared saunas.

Please contact me directly with any questions, comments or suggestions.

I look forward to hearing from you.

Sincerely,

Dr. Raleigh Duncan | CEO, Clearlight

drduncan@infraredsauna.com

800.798.1779 x 804 | International: +1.510.601.1775

Installation

Choosing a location

Place your sauna on a dry and level surface for best results. Garage, basement, attic, playroom, bedroom, or garden house are just a few of the possible locations for your sauna.

Your sauna's natural Mahogany or Basswood exterior will beautifully compliment any location.

Outside, place the sauna on a deck or concrete pavers, available at your local building supply store, to protect it from moisture in the ground which can wick up through the wooden feet. Outside installation also requires our optional canvas cover.

Installation requirements for your sauna are as follows:

1. Your Clearlight sauna is a self-contained and free-standing unit. It should not be built into any structure without prior authorization.
2. Please maintain a minimum of 4-inch clearance on all sides of the unit to allow air to circulate while giving access for the power cord.
3. We recommend plugging your sauna into a dedicated circuit to ensure your sauna functions properly and doesn't trip the breaker.



Please be careful when carrying and installing the glass pieces to avoid breakage. Make certain the glass is securely fastened during installation before letting go of any individual piece that could break.

Cleaning and Maintenance

Safety Note: Before cleaning, make sure the heaters are off, the sauna is unplugged, and it has completely cooled down.

1. Initial Cleaning:

A. Before using your sauna for the first time, clean the inside of the sauna with a damp cloth.

2. Cleaning:

A. Clearlight® infrared saunas provide dry heat and require minimal cleaning.

B. For a thorough clean, use a non-toxic, no-VOC sauna cleaning solution or make your own. You can use a few drops of high-quality essential oil in water or a mixture of 1 tablespoon of baking soda in a gallon of water for a deeper clean.

C. Using pure or distilled water helps minimize mineral buildup and reduces future maintenance needs.

D. **Flocked Surfaces on Full Spectrum Heaters:** Use a lint roller or soft brush to clean any dust or debris from the flocked surfaces of the heater.

E. **Vents:** Use canned air to blow out any dust from the vent openings, or use a vacuum with a soft brush attachment to gently clean the area. Alternatively, a hair dryer on the cool setting can be used to blow dust out of hard to reach areas.

3. Exterior Care:

A. Use your favorite non-toxic, no-VOC furniture polish on the exterior of the sauna to maintain its appearance.

4. Care Tips:

A. Regular cleaning ensures you can enjoy your sauna for years.

B. Your Clearlight Infrared Sauna is made of Mahogany or Basswood. If the fresh wood fragrance is strong, wipe the wood with a damp cloth to minimize the aroma.

C. Perspiration may darken the wood over time. To restore its appearance, lightly sand affected areas with fine-grit sandpaper.

Packaging

Contents Of Boxes

Box 1 of 5

- Roof Panel
- Floor Panel
- Long Bench
- Short Bench
- Roof Glass
- Manual
- Hardware

Box 2 of 5

- Left Panel
- Right Panel
- Weather Stripping Door Seal

Box 3 of 5

- Front Right Glass Panel And Attached Glass Door
- Front Left Glass
- Back Panel
- Bench Support

Box 4 Of 5

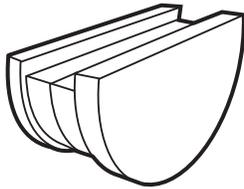
- 2 Full Spectrum Heaters

Box 5 Of 5

- 2 Full Spectrum Heaters

Accessory Box Contents

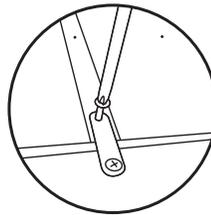
Door Handle



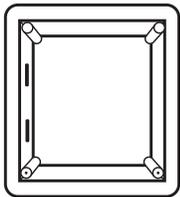
Remote for Chromotherapy



Wall Security Brackets
(Preinstalled, located on top of side walls)



White Cable Covers

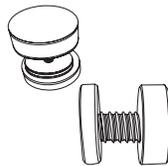


Screws for Cable Cover Boxes



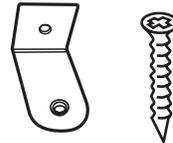
8x

Sauna Door Pins



2x

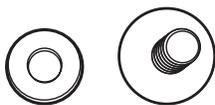
Long Glass Brackets & Screws



2x

2x

Front Heater Mounting Screw Set



16x

8x

Glass Security Set



6x

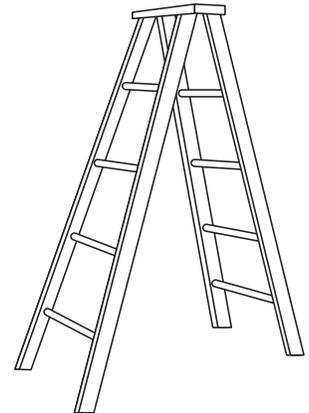
4x

8x

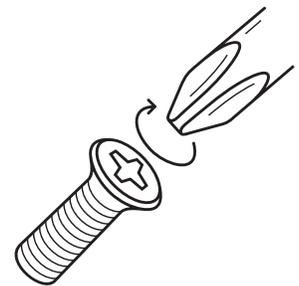
16x

Helpful Tools To Have On Hand

Step Ladder



Philips Head Screwdriver/ Drill

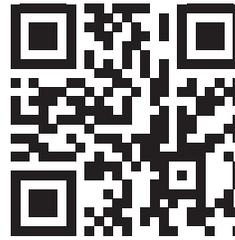


Assembly Instructions

Assembly of the sauna requires two adults to complete. Please read the instructions thoroughly before and during assembly to ensure proper installation of the unit. If you encounter any problems or have questions during assembly, please feel free to call our Customer Service department at 1-800-798-1779 or 1-510-601-1775.

(For additional support please consult our install video on our Service website at service.infraredsauna.com, or the **Clearlight YouTube Channel**.)

Scan to visit our
website



Scan to visit our
YouTube Channel



Location of Sauna & Installation Order

When determining a location for your sauna, please keep in mind the following:

1. The main power cord on the sauna must be easily accessible.
2. The location must be dry and level.
3. Your Clearlight sauna is a self-contained and freestanding unit. It should not be built into any structure without prior authorization.
4. Please maintain a minimum of 4-inch clearance on all sides of the unit to allow air to circulate while giving access for the power cord.
5. We recommend plugging your sauna into a dedicated circuit to ensure it functions properly/ doesn't trip the breaker.

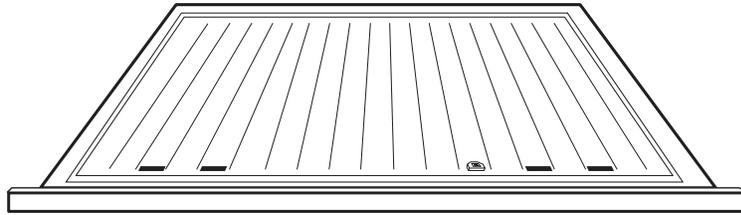
Panels should be installed in the following order:

1. Floor
2. Back Wall
3. Side Walls
 - A. Left Side Wall
 - B. Right Side Wall
4. Under Bench Support
5. Connect Under Bench Heater
6. Installing the Bench
 - A. Left Bench
 - B. Right Bench
7. Wood Roof
8. Connect Heaters in the Roof
9. Latch Two Buckles on the Left Side of the Roof
10. Install Wall Locks (Eyehooks)
11. Glass Roof
12. Right Side Roof Latch
13. Front Left Glass Wall
14. Front Right Glass Wall and Door
15. Weather Stripping Door Seal
16. Front Heaters
17. Door Handle
18. Plug in Power

Safety and Handling Tips: Be careful when carrying and installing glass pieces to avoid breakage. Make sure the glass is securely fastened during installation before letting go of any individual piece that could break.

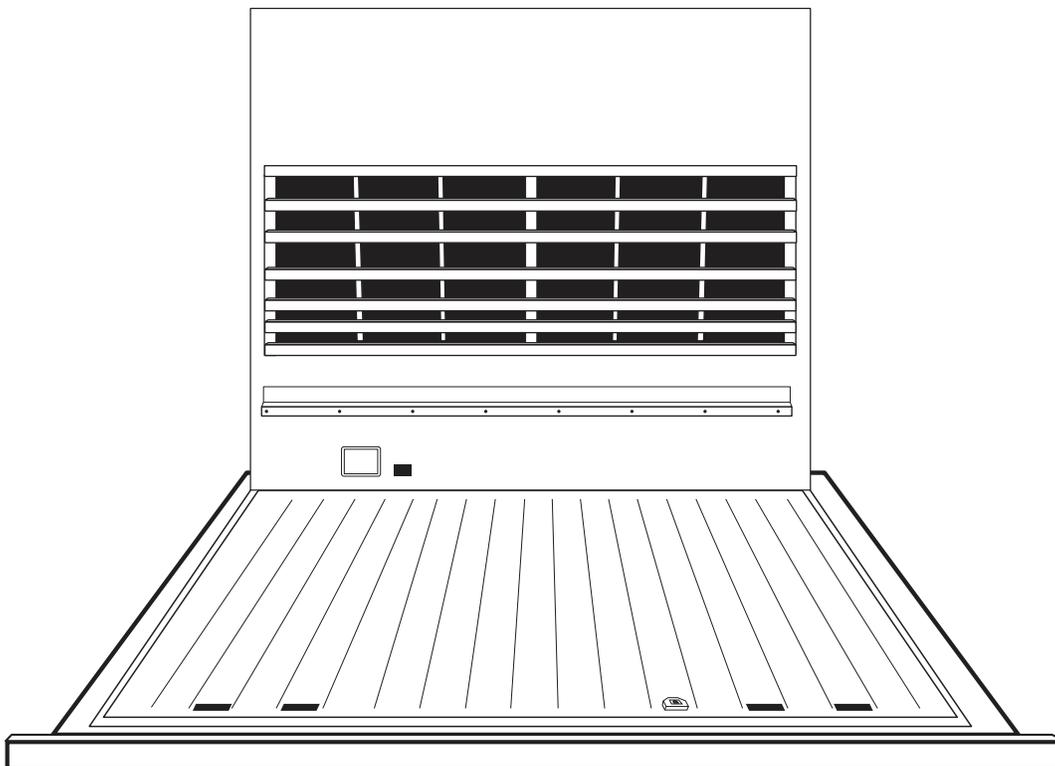
1 PLACING FLOOR PANEL

1. Place the bottom floor panel on the ground near the location where you will be using the sauna. Make sure the front of the floor is in the desired location of the door. The four plugs and the door magnet indicate the front of the sauna.
2. Be sure to check the floor with a level to make sure it is level. Add shims if necessary. If the floor panel is not level, the wall panels may not connect evenly affecting final installation.



2 CONNECTING THE BACK PANEL TO THE FLOOR PANEL

1. Connect the back panel to the floor panel by lining up the back panel on the groove of the floor panel.
2. When moving the walls, lift from the bottom of the heater grate frame. Do not lift from the heater guard slats.
3. Slot the wall panel into the floor panel and line it up with the side-wall molding.



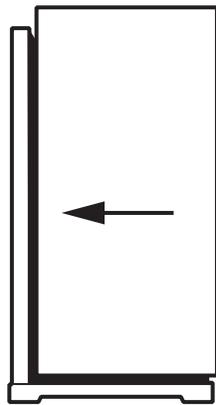
3 CONNECTING THE SIDE WALLS

The side wall panels will be connected to the back wall by connecting together the installed brackets. There are "+" brackets and "-" brackets on the side of each panel. Please refer to our installation video to see these steps in action. The side walls will be installed as follows:

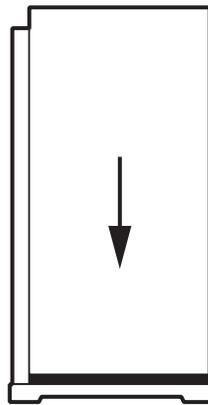
1. Place the left side wall in the slot in the floor. Lift the side wall up about 4" (10cm) higher than the back wall panel (See Picture 1).
2. Place the side wall panel against the back wall (See Picture 2), then slide down the side wall panel until
3. the two panels are equal height. (See Picture 3).
4. In order to lock the pins from the side wall to the rear wall, rock both walls back towards you then push the walls together.
5. If the panels are not equal height or there is an obvious gap between the two panels, this means they are not properly attached and you should try again.
6. Repeat the steps above for the right side wall panel.



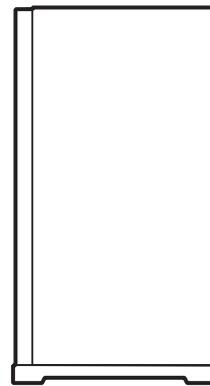
If the panels still seem too tight to come down all the way, try backing off the bracket screws by one half turn with a Phillips head screwdriver.



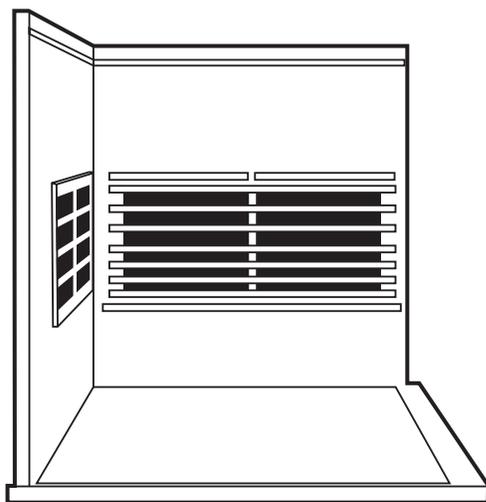
Picture 1



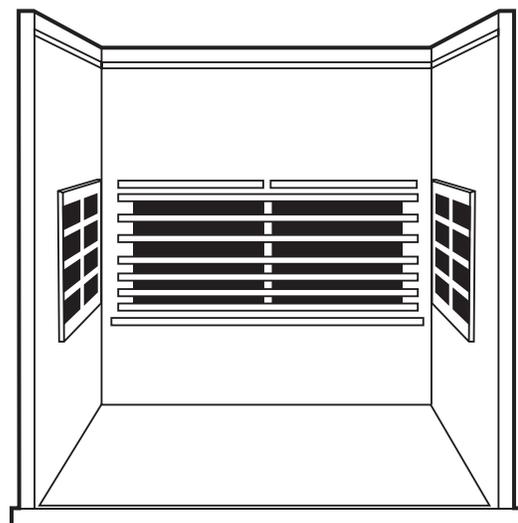
Picture 2



Picture 3



Left Side Wall Installed

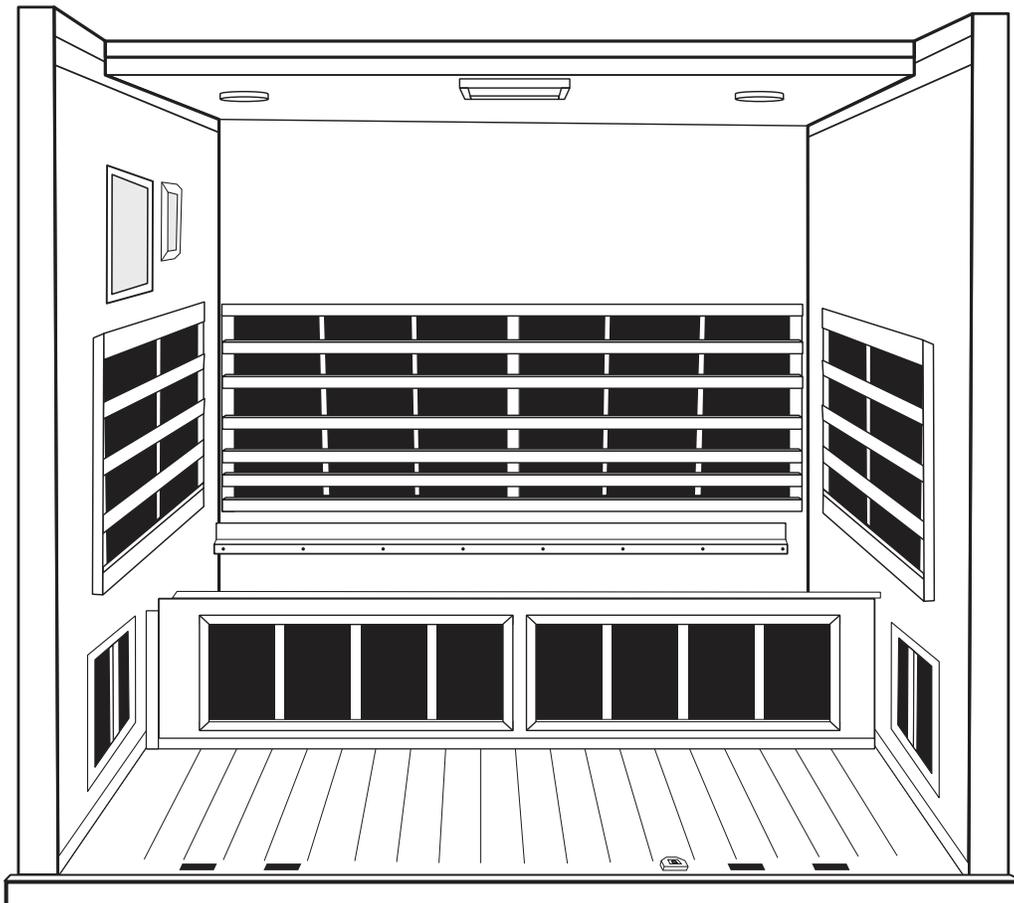
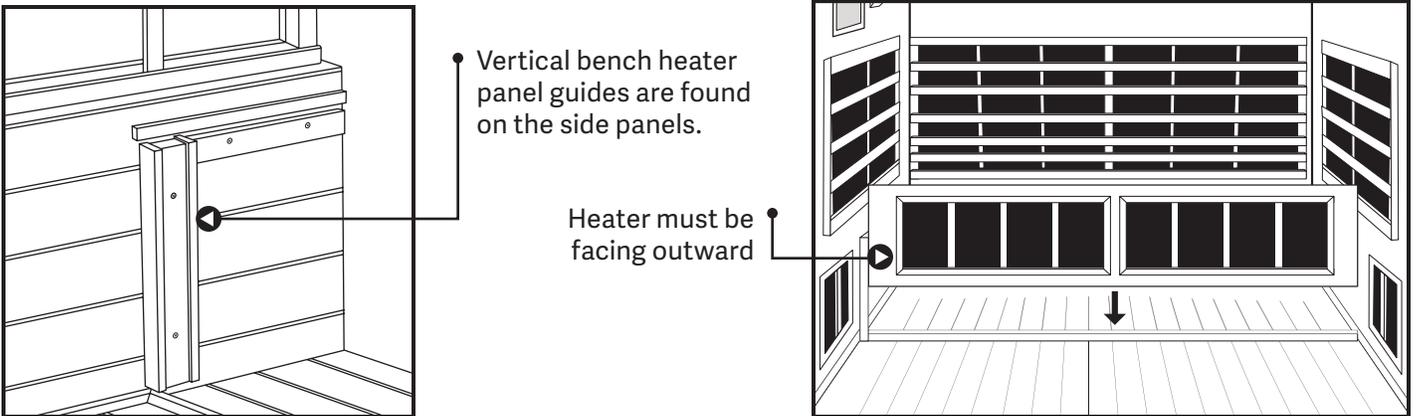


Right Side Wall Installed

4 INSTALLING UNDER BENCH SUPPORT

Slide down the bench support panel by lining up its sides with the vertical guides on the left and right side wall panel.

1. Be careful not to scratch the side panels when positioning the heater panel.
 - A. Vertical bench heater panel guides are found on the side panels.
2. Push the bench heater panel all the way down until it is touching the floor panel and securely in place.
 - A. Heater must be facing outward



5 CONNECT HEATER UNDER BENCH

Plug in the connectors under the bench as follows:

Left Side Wall

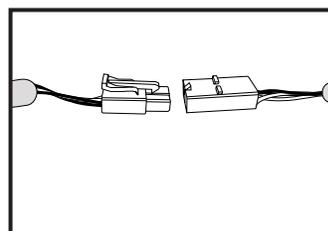
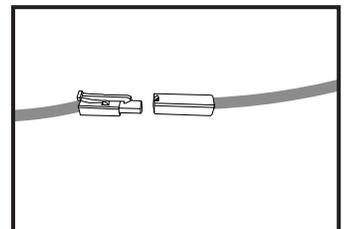
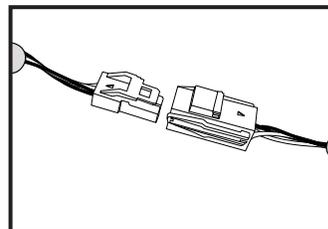
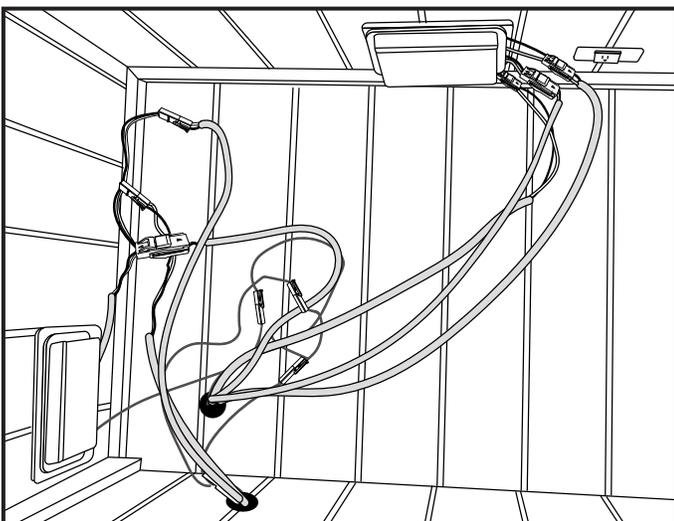
1. Locate the short cables coming out of the floor with a single black and white cable and a single green cable.
2. Feed these cables through the open holes in the bottom of the white cable cover.
3. Connect these cables to the matching colored cables coming out of the white box on the left side wall. Listen for the click to ensure they have been properly connected.
4. If any connectors appear to be missing, they may be tucked through the hole in the wall - gently pull the wiring to reveal any obscured connectors.
5. Screw on the white cable cover to cover the wires on the wall.

Back Wall

1. Locate the cables coming out of the bench support with a single black and white cable and a single green cable.
2. Feed these cables through the open holes in the bottom of the white cable cover.
3. Connect these cables to the matching colored cables coming out of the white box on the back wall. Listen for the click to ensure they have been properly connected.
4. If any connectors appear to be missing, they may be tucked through the hole in the wall - gently pull the wiring to reveal any obscured connectors.
5. Screw on the white cable cover to cover the wires on the wall.



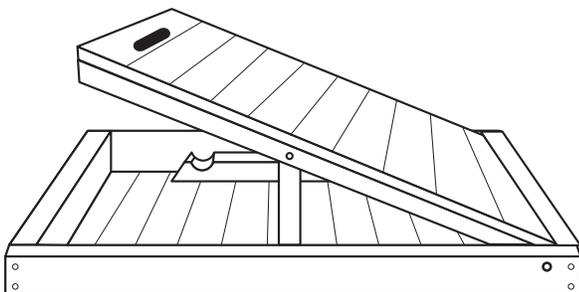
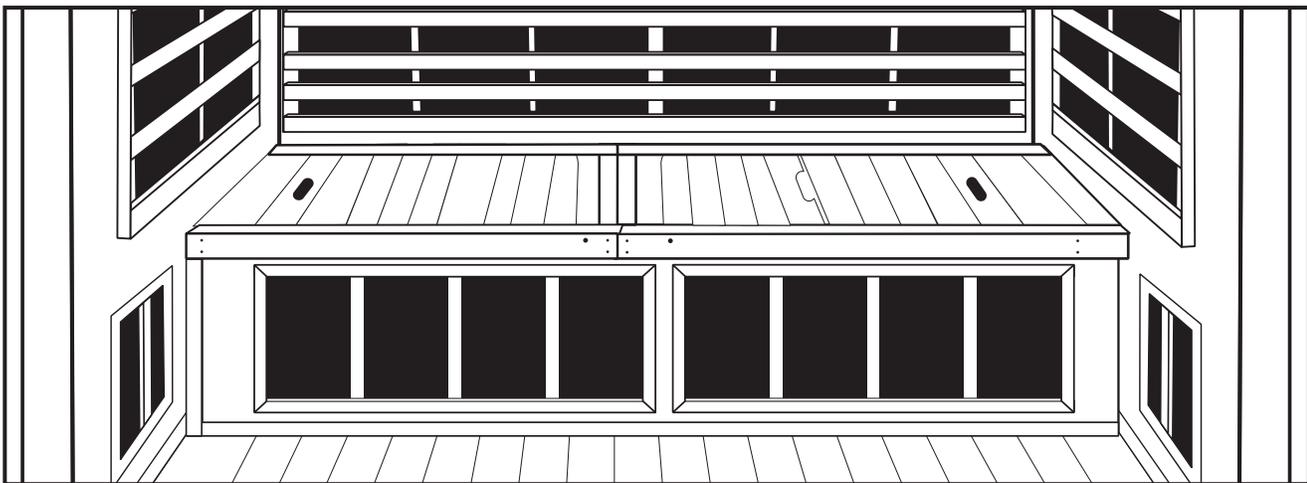
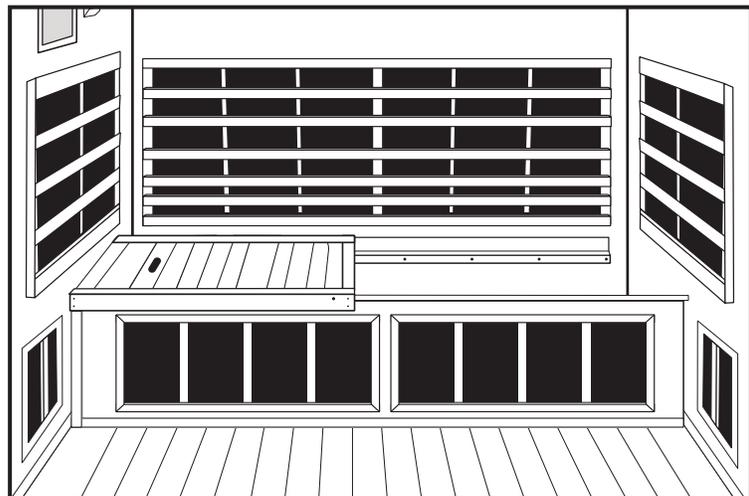
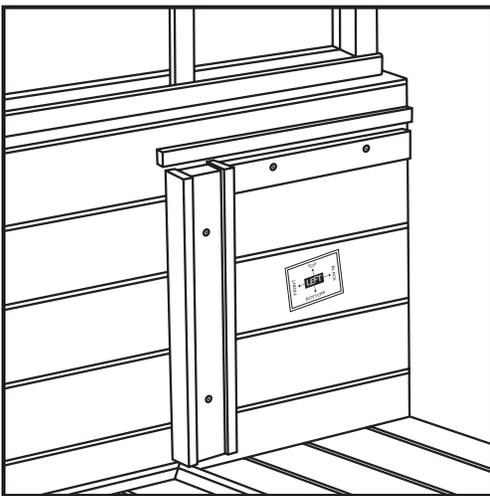
You can connect the black and white cables from the floor and under bench support to any black and white cable coming out of the boxes on the walls as long as you match cable colors. You can connect the green cables to any of the green cables coming out of the boxes on the walls as long as you match cable colors.



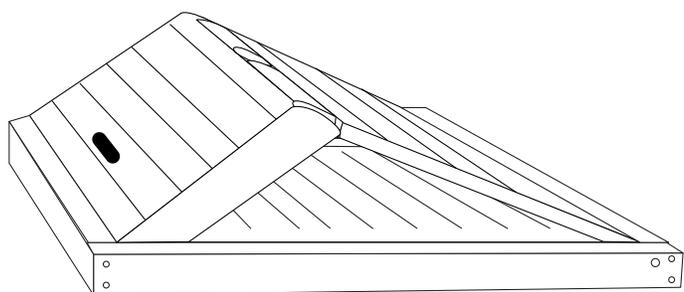
6 INSTALLING THE BENCHES

1. Install the left side bench piece first by sliding it over the horizontal bench guides on the side panels. Be careful not to scratch the adjacent panels when sliding in the bench. Push the bench all the way in until it touches the back panel and is securely in place.
2. Install the right side of the bench in the same method as above.
3. Be sure that the bench is pushed all the way back until it slides under the heater guard to secure the bench in place.
4. Lift up the benches using the cut out handles to adjust the levels of incline for rest.

Note: The recliner bench can be positioned to face either right or left, depending on your preference.



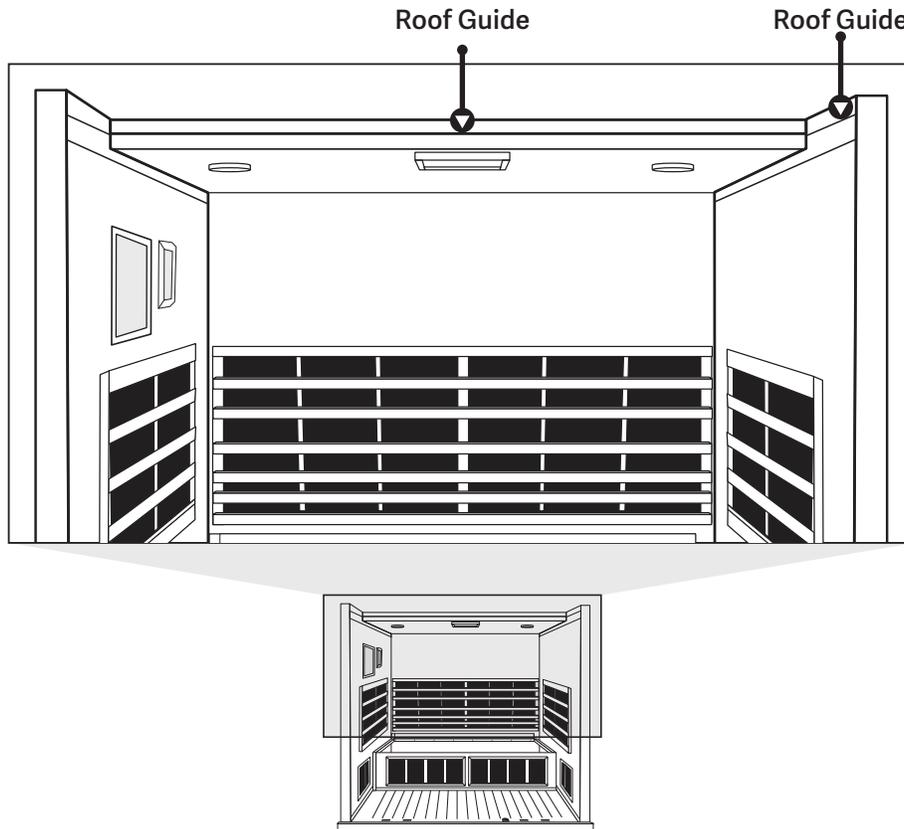
Bench Position 1



Bench Position 2

7 INSTALLING WOOD PORTION OF ROOF

1. Be sure to push the wires up over to the outside of the sauna walls.
2. Set the wood portion of the roof on the back roof guide. Be sure to slide the roof back against the back wall.

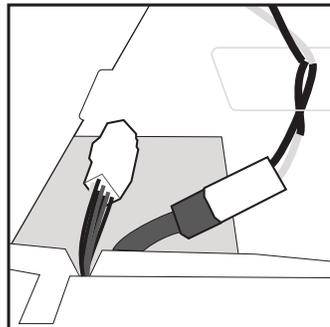


8 CONNECT HEATERS IN ROOF

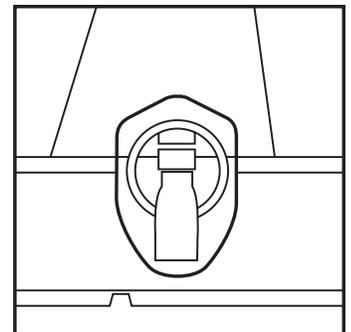
1. Locate the "trap" doors that open in the wood roof.
2. Connect the cables under the trap door to the same colored connector in the roof (e.g., black/white, red/black, yellow/black green, etc.)
 - A. Listen for the click to ensure they have been properly connected.
3. Make sure to connect all of the wires from the panels to the wires in the roof. These control the heaters, keypad, speakers, lights, etc

4. Push the wiring inside the roof area and close the roof door compartments.

- A. There may be some color discrepancies for some connections, e.g., a solid black wire that connects to a white and black pair.

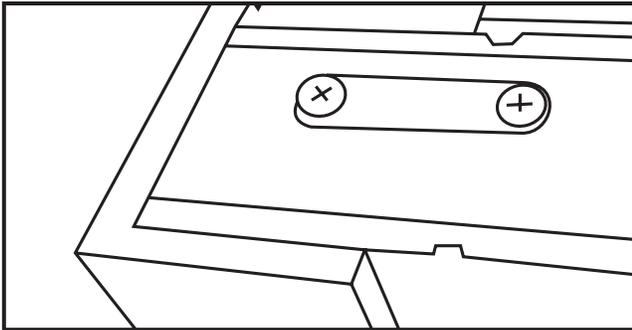


5. Latch the two buckles that connect the wood roof piece to the back and side walls on the left side only. (The right side gets latched after you install the glass roof).



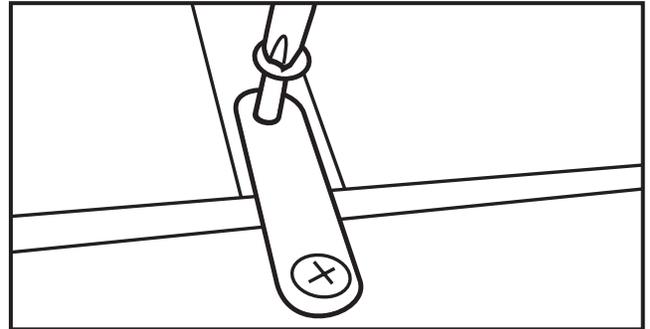
9 INSTALLING WALL LOCKS

1. The side walls must be secured to the back wall and wood roof piece using the attached eye hooks.
2. Screw in one of the eye hooks between the left side wall and back wall and one between the right side wall and back wall.
 - A. This part comes pre-assembled to the side walls. You must unscrew one side so that you can swing it around to attach to the back wall.



**THIS STEP IS VERY IMPORTANT.
PLEASE DO NOT OMIT THIS STEP.**

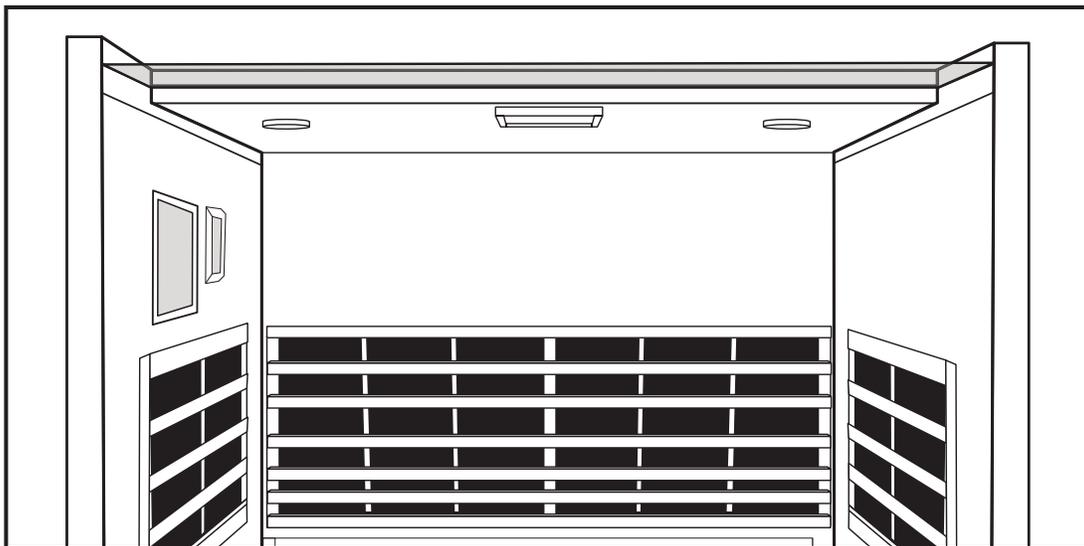
- B. Attach the eye hook so that it is screwed into side walls and the wood roof piece.



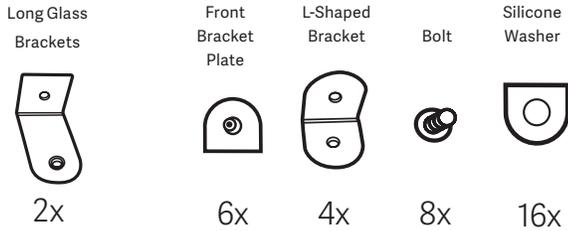
Pre-drilled holes are not necessary for this step.

10 INSTALLING GLASS PORTION OF ROOF

1. Place the glass roof portion on the front roof guides. Be sure that it is pushed firmly back against the wood roof portion.
2. Latch the buckle on the right side of the sauna to secure glass roof in place.

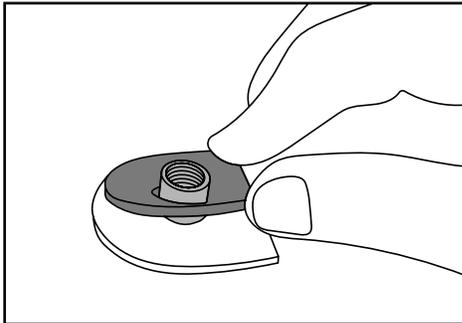


Glass Security Set

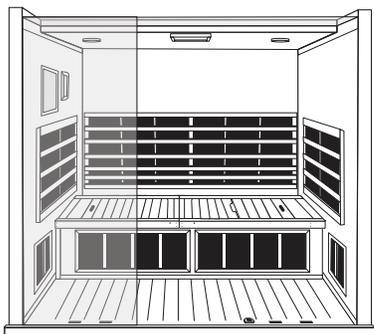


We recommend using two people to move the left glass wall. Refer to our installation video for visual guidance.

1. Prepare the Hardware: Before positioning the glass, place all silicone washers onto the hardware to streamline the installation process.

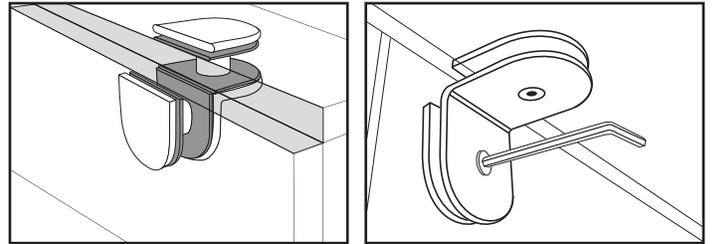


2. Positioning the Glass: Set the left side of the glass wall into the floor groove, then lower the glass into the groove on the side wall. Ensure the top of the glass wall is aligned with the glass ceiling.



3. Securing the Glass Panel to the Roof:

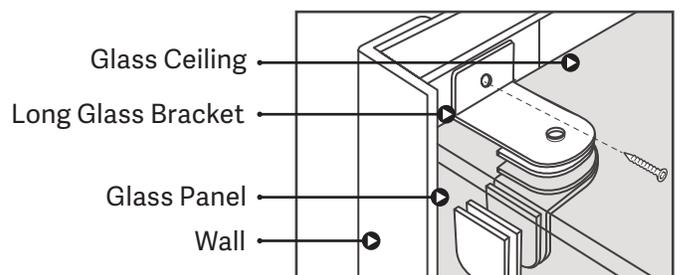
- Begin on the right side of the panel.
- You will see holes in both the front and roof glass.
- One person should place the L-shaped bracket with washers on the inside of the sauna.
- Another person should place the front bracket plates with washers outside the front and roof glass.
- Hold these pieces in place while the person inside the sauna screws in the bolts to the front and top plates.
- Make sure the washers are aligned with the hardware before fully tightening the screws.



4. Securing the Left Side Wall:

- Repeat steps above for the outermost left side wall.
- Place the long glass bracket on top of the roof to connect the roof to the side of the sauna.
- Hold the pieces in place while the person inside screws in the bolts.
- Align washers before tightening the screws.
- Finish by screwing the long glass bracket into the sidewall using the provided screws.

Important Note: If using an electric screwdriver, be careful not to over-tighten the screws to avoid cracking glass.



The right-side glass panel and door are pre-assembled. We recommend two people handle this for safe installation. See our installation video for guidance.

1. Prepare the Hardware: Before positioning the glass, place all silicone washers onto the hardware.

2. Preparation: Have a blanket or soft material ready to set the glass wall on while preparing for installation.

3. Positioning the Glass:

A. Place the right corner of the wall into the floor groove, then push the top into the side wall groove so it is securely in place.

B. Someone should hold the glass in place until it is secured using the wall brackets.

4. Door Support: Open the sauna door and support it with a blanket or soft material to allow room for hardware installation.

5. Securing the Glass Panel to the Roof:

A. Ensure the top of the glass wall is aligned with the glass ceiling.

B. Start on the left side.

C. You will see holes in both the front and roof glass.

D. One person should place the L-shaped bracket with washers on the inside of the sauna.

E. Another person should place the front bracket plates with washers on the outside of the front and roof glass.

F. Hold these pieces in place while the person inside screws in the bolts.

G. Make sure the washers are aligned before fully tightening the screws.

6. Securing the Right Side Wall:

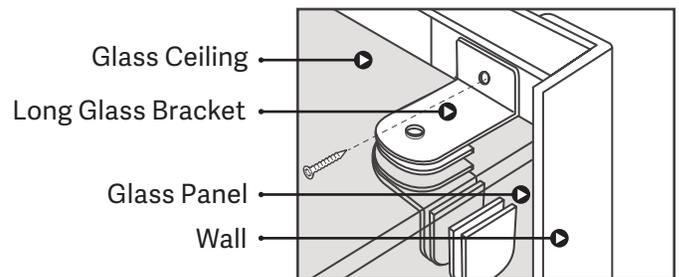
A. Repeat the steps above for the right side wall.

B. Place the long glass bracket on top of the roof to connect the roof to the side of the sauna.

C. Hold the pieces in place while the person inside screws in the bolts.

D. Align washers before tightening the screws.

E. Finish by screwing the long glass bracket into the sidewall using the provided screws.

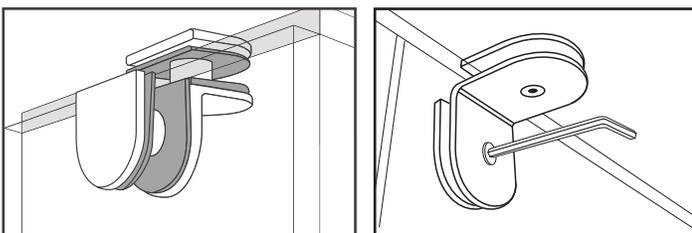
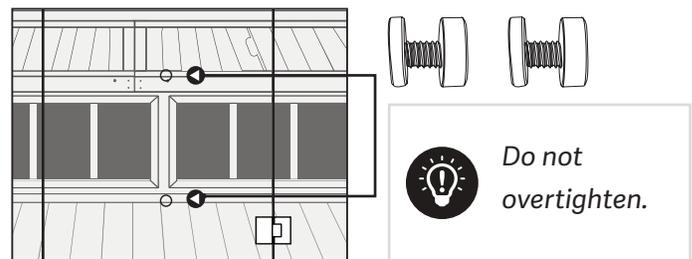


7. Installing Door Pins: Add door pins to the door holes.

A. If you have not purchased an additional heater or Red Light Therapy CORE Tower for the sauna door, use the provided bolts to fill the pre-drilled holes.

B. Be sure to add silicone washers to prevent metal parts from touching the glass.

C. Do not over-tighten.



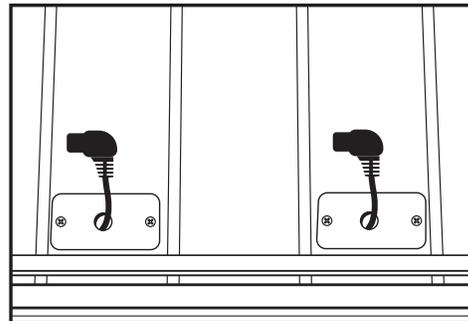
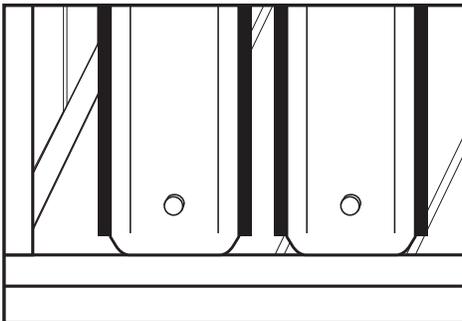
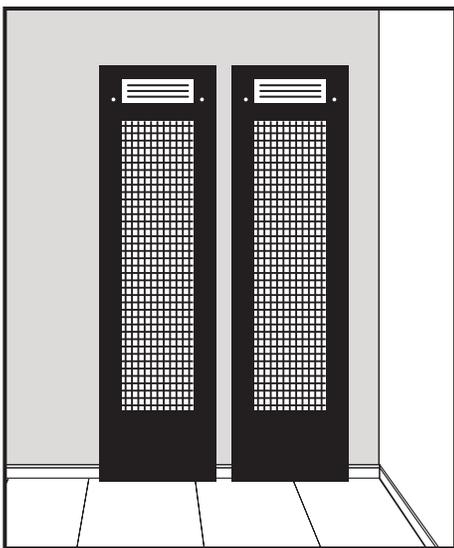
13 ADD THE SILICONE WEATHER STRIPPING TO THE LEFT SIDE GLASS

- A. Begin at the top edge of the glass.
- B. Align the silicone weather stripping with the edge of the glass.
- C. Press the weather stripping firmly onto the glass, ensuring it adheres properly.
- D. Continue applying the weather stripping downward, maintaining even pressure to avoid gaps or bubbles.

Important: This silicone weather stripping is often mistaken for trash inside the cartons. It comes as a long, cardboard-covered wrap, but it is an essential part for sealing your glass sauna door and ensuring proper insulation. **Be sure not to discard it!**

14 INSTALLING FRONT HEATERS (*Repeat this step for all 4 front heaters*)

1. Locate the front heaters.
Two will go on each side of the door
2. Align the left front heater and plug the connector that comes out of the bottom of the heater into the plug coming out of the floor.
3. Align the hole in the back of the heater with the hole in the front wall glass. Using the included screws and washers, secure the heater to the glass through the open hole.
4. Place one washer on the inside and one on the outside glass so that the glass is protected from the metal.
5. Secure both screws in the heater
A. Do not overtighten
6. Repeat this process for the other heaters.



WARNING! *The infrared heaters in your sauna are a potential BURN HAZARD.*

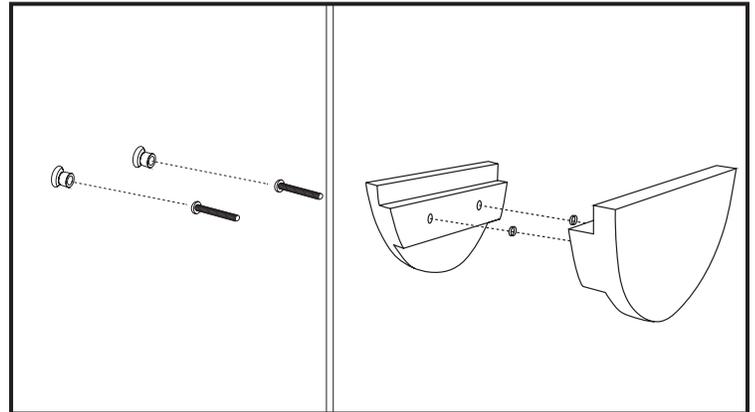
DO NOT *touch the infrared heaters when they are in operation and allow them to cool before servicing.*

15 INSTALLING DOOR HANDLE

1. Locate the door handle.
2. This part comes pre-assembled and will need to be unscrewed before installation
3. Line up the holes on either side of the glass and attach the door handle using the enclosed screws.
4. Add wooden screw hole covers on top of screws to plug the holes.



Be careful not to overtighten the screws.



16 LOCATING AND PLUGGING IN POWER CORD

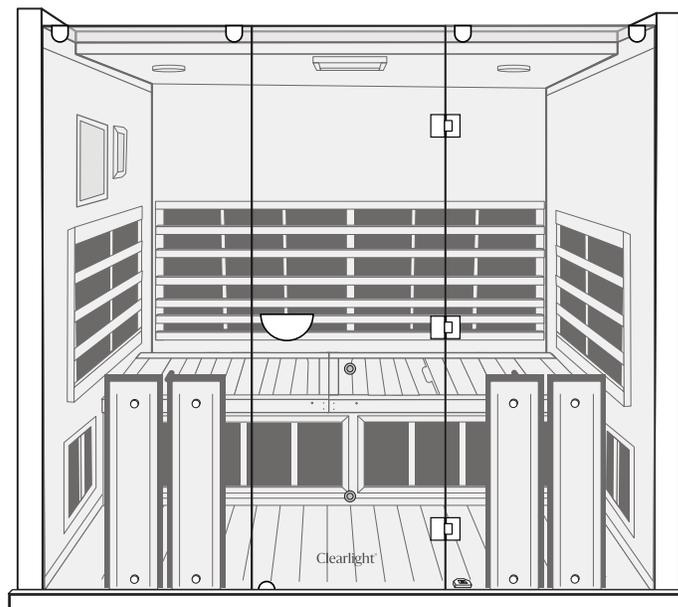
The power cord comes out of the roof of the sauna. If you are standing facing the sauna, it comes out of the rear left corner of the roof. Open the trap door to access the power cord and run the cord down the back of the sauna. The power cord will plug into the appropriate electrical receptacle.



We do not recommend using an extension cord for your sauna. Please plug the sauna directly into the wall receptacle.

Installation is Complete

Installation of your sauna is now complete. Using a damp cloth, wipe out the sauna to remove any excess saw dust that may have settled on the wall, floor, and heater panels during manufacturing and shipping. Please refer to usage instructions located later on in this manual.



Enjoying Your Sauna

Your sauna is ready for use. Stay hydrated and use towel during your session to absorb perspiration.

1. Infrared Heat Benefits:

- A. Clearlight®saunas are energy-efficient, using less electricity than many household appliances, so you can enjoy your sauna without high energy costs.
- B. Infrared heat warms your body directly rather than the air, providing deeper muscle relaxation and pain relief.
- C. The sauna's walls and benches remain cooler to the touch, enhancing comfort.
- D. Approximately 80% of the infrared heat warms your body, while only 20% heats the air.
- E. Infrared therapy is most effective at lower air temperatures (115°F – 125°F). Focus on raising your core body temperature rather than increasing the sauna's ambient heat.

2. Sauna Positioning:

- A. Sit with your back against the back wall to receive infrared heat on both the front and back of your body.

Instructions for use

1. Health and Safety:

- A. Review all health and safety instructions. Consult our physician if unsure about sauna use.
- B. If you feel light-headed, dizzy, nauseous, or overheated, exit the sauna immediately and hydrate.

2. Basic Usage:

- A. **Select Temperature and Time:** Use the control panel to set your desired temperature and time.
- B. **Warm-Up:** Allow the sauna to warm up for 20-30 minutes before starting your session.
- C. **Start Slowly:** Limit initial sessions to no more than 20 minutes. Gradually increase session length as your body acclimates.
- D. **Maximizing Infrared Exposure:** Set the temperature high (around 150°F) to ensure the heaters run continuously for optimal infrared exposure.

3. Maximizing Benefits:

- A. **Clothing:** For optimal benefits, expose as much skin as possible. Avoid synthetic fabrics, as they can inhibit sweating and infrared heat absorption.
- B. **Hydration:** Drink water before entering the sauna and bring water inside to stay hydrated. If you're thirsty after your session, you may not have drunk enough during it.

4. What to Expect:

- A. You will start sweating within a few minutes due to the warm air.
- B. After about 10 minutes, the infrared heat will stimulate your body's systems, leading to more intense perspiration. Sweating time may vary from person to person.
- C. **Session Length:** Typical sauna sessions last 20-45 minutes, but you can adjust based on personal preference and health conditions.

3. During the Sessions:

- A. **Hydration:** Stay hydrated by drinking plenty of water before, during, and after your session. Bringing a quart of water into the sauna is recommended.
- B. **Towel Use and Care:** Place towels on the bench and floor to absorb perspiration. Keep a towel handy for wiping excessive perspiration.

*Custom sauna cushions are available for purchase.

- C. **Ventilation:** The ceiling vent(s) can be opened for fresh air. Opening the door slightly is fine, as the infrared heat will still be effective. This will not affect the infrared heat's ability to penetrate your body.
- D. **Infrared Heat Penetration:** Infrared heat penetrates your body without excessively heating the air, providing a more comfortable experience compared to traditional saunas.

Instructions for use - Continued

4. Pre/Post Sauna Hygiene:

- A. **Post-Session:** After each session, turn off the sauna and allow it to cool down completely before cleaning or maintenance.
- B. **Pre-Session:** Taking a hot shower before your session can enhance your sweat response, as it helps open the pores. Make sure to dry off completely before entering to protect the wood.
- C. **Post-Session:** After your session, consider taking a cold shower to close your pores and refresh your body. This also helps to wash away any toxins released during sweating.
- D. **Towel Care:** Remove and wash towels after each session to avoid reabsorbing toxins.

Tips for Use

- 1. **Hydration:** Ensure you drink plenty of water before, during, and after your session to stay hydrated and maximize the sauna's detoxifying effects.
- 2. **Skin Care:** Avoid applying lotions or oils before your session, as they can block your pores and inhibit sweating. Apply skincare products afterward for better absorption when your pores are fully open.
- 3. **Mineral Replenishment:** Sweating can deplete your body of certain minerals. Consider eating a diet rich in fruits and leafy greens or taking mineral supplements to replenish lost minerals after your session.
- 4. **Muscle Relief:** For quicker muscle recovery, gently massage sore or tense muscles during your sauna session. The heat increases blood flow, helping to relax tight areas more effectively.
- 5. **Boosting Immunity:** If you feel like you're coming down with a cold or flu, increasing your sauna sessions may help boost your immune system. Be sure to consult a physician for proper care if you're feeling ill.
- 6. **Extended Sessions for Heat Conditioning:** As your body becomes more accustomed to the heat, you may extend your sauna sessions up to 40 minutes, particularly for soft tissue therapy. Always stay hydrated throughout longer sessions

Using Your Sauna Control Panel

If you have any question on the proper use of your sauna, please call us at 800.798.1779 or 1.510.601.1775.

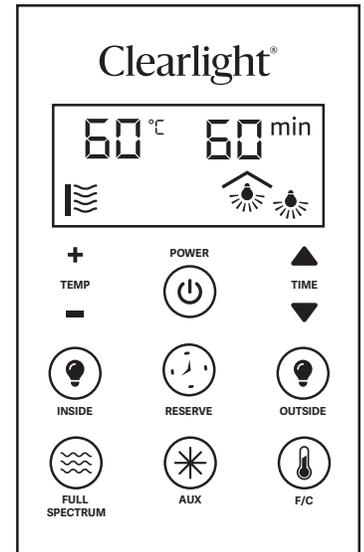
Unlike a traditional sauna, infrared heats the body directly, so the air temperature inside the sauna is less important than the type and quality of infrared you receive. We recommend the following protocol:

A. Turn on the sauna to allow the heaters to reach optimal temperature and for the cabin to warm up to a comfortable level.

B. Once you enter the sauna, set the desired session time and turn the thermostat up to 175°F (80°C). This will keep the heaters on for the entire session, ensuring a constant flow of infrared heat. During a typical 30-minute session, the air temperature will reach between 115-125°F (46-51°C), depending on the starting ambient air temperature and the set temperature.

C. Sit back, relax, and enjoy your sauna session. If the temperature feels too hot, you can open the door for a brief moment. Remember, the session is more about receiving the healing infrared heat than the air temperature.

When connected to a properly grounded power source, your Clearlight® sauna will turn ON and operate at the set temperature with just a few presses of the Power button.



System On/Off

1. Press the "POWER" button once to turn on the sauna.
2. Your session will automatically end after the programmed timer expires.
3. Press the "POWER" button at any time to turn off the sauna.

Sauna Session Time

You can set the duration of your sauna session for a maximum of 60 minutes.

1. Press the TIME UP or TIME DOWN buttons to increase or decrease your desired sauna session time in 5 minute increments.
2. When you have reached your desired time, release the button.

Controlling the Set Temperature

You can program your sauna for a maximum temperature of 175°F (80°C). Press the TEMP UP/DOWN (+/-) buttons to set the desired temperature. When the display shows your desired temperature, release the buttons. Press either the TEMP UP or TEMP DOWN buttons during your sauna session to manually control the desired cabin temperature.

Fahrenheit & Celsius

You can alternate between Fahrenheit and Celsius by pressing the F/C button on the keypad.

Inside / Outside Light

1. Press the button labeled "INSIDE" to turn on or off the interior mood lights.
2. Press the button labeled "OUTSIDE" to turn on or off the exterior light and the heater backlights.

Full Spectrum

Press the “Full Spectrum” button to change the intensity of the front Full Spectrum heaters.

The heaters will turn on initially at 100%.

1. Press the button once to change to 75% intensity
 2. Press the button a second time to change to 50% intensity.
 3. Press the button a third time to turn off.
- ◆ Note: The intensity will be displayed on the keypad.

Reservation

You can preset your sauna to turn on up to 36 hours in the future:

1. Press the POWER button to turn on your sauna.
2. Set the desired temperature and time that you would like the sauna to start at when the power comes on.
3. Press the RESERVE button.
4. The time will begin to flash.
5. Press the TIME UP button to set the number of minutes or hours ahead you would like your sauna to turn on.
6. The range is 1 - 36.
7. The keypad will flash and the time will count down in one hour increments until the sauna turns on.
8. To cancel the reservation, press the “POWER” button once to turn off the sauna.

AUX

The AUX button will be used to control additional features that can be added to your sauna. The instructions to use these features will be included when the item is purchased.

AUX Button



Keypad Lock

The keypad can be locked to prevent it from being turned on or off or the temperature adjusted. There are two locking functions:

1. Lock Entire Keypad: Hold down the INSIDE light button for 5 seconds. This will lock the entire keypad. To unlock the keypad, repeat the above step.
 2. Lock Keypad - Light Button Will Continue To Work: Hold down the OUTSIDE light button for 5 seconds. This will lock the entire keypad except for the light buttons. To unlock the keypad, repeat the step above.
- ◆ Note: With the keypad locked, the time will continue to count down and the sauna will turn off when the time is expired.

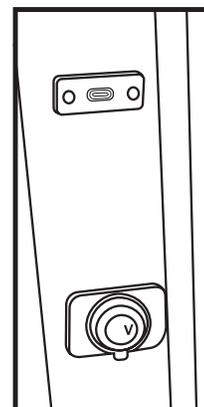
Audio System

Your Clearlight sauna is equipped with stereo speakers that can be accessed by either Bluetooth or through the Aux 3.5 mm connection in the charging compartment. You can also charge your device via the USB-A connection in the charging compartment. (USB is charge only and does not connect to the audio system)

1. Your Clearlight sauna is Bluetooth ready. To connect audio via Bluetooth:
 - ◆ Open your Bluetooth enabled phone, tablet or computer and search for surrounding Bluetooth devices to find a device called Infrared Sauna. The pairing code for this device is 0000.
2. There is a 3.5mm jack in the charging compartment that is connected to the speakers in your sauna. You can connect any audio to the speakers using this connection.

Accessory Outlets

1. There is a 12v accessory outlet located on the side wall of your sauna.
 - ◆ The 12v receptacle is an accessory outlet so you can plug in additional equipment during your sauna session.
2. 2.5 Volt USB-C Outlet - You can use this outlet to charge 5 volt devices including smartphones and tablets. Please keep the cover on this outlet when not in use so as to not get any debris inside.
 - ◆ This is especially important to keep covered using our HALO ONE Salt Therapy machine.



Chromotherapy

Color light therapy can benefit your well being.

Chromotherapy or Color Light Therapy is the science that uses the seven colors of the light spectrum. The seven colors have the ability to affect the vibrations of the body at various frequencies. For optimal health, we all need the light of the sun. We receive light from the sun which is divided into 7 main groups of rays which are absorbed by our bodies.

Chromotherapy works on various energy points to help balance your body using the full spectrum of visible light. Color and light have been utilized by healers for thousands of years. Color therapy possibly has roots in Ayurveda, ancient Egyptian culture and traditional Chinese healing.

Alternative medicine practitioners who use chromotherapy often relate the seven colors of the color spectrum to specific body areas. Color has a profound effect on us on all levels, physical, mental, emotional and spiritual.

The chromotherapy light is controlled by either touching the metal plate on the side of the chromotherapy unit or by pressing the buttons on the included remote control.

Using Chromotherapy Remote

1. Press the "POWER" button to turn on the Chromotherapy light.
2. Press the "MANUAL" button to manually select a color.
3. Press the "AUTO" button and the light will automatically change through the various colors.
4. Press the "INTENSITY" up or down buttons to control the brightness of the Chromotherapy light.

The available colors in the chromotherapy light have been specifically selected based on their wavelength:

1. **Red:** 660 nm Activates the circulatory and nervous systems.
2. **Strong Green:** 540 nm Provides anti-infectious, antiseptic and regenerative stimulation.
3. **Strong Blue:** 405 nm Lubricates joints. Helps address infections, stress, nervous tension.
4. **Orange:** 540 nm & 405 nm Energizes and eliminates localized fat. Helps address asthma and bronchitis.
5. **Green:** 540 nm Acts as a relaxant.
6. **Blue:** 405 nm Stimulates muscle skin cells, nerves and the circulatory systems.
7. **Strong Yellow:** Strengthens the body and acts on internal tissue.
8. **Strong Indigo:** Helps address eye inflammation, cataracts, glaucoma and ocular fatigue.
9. **Strong Pink:** Act as a cleanser, strengthening the veins & arteries.
10. **Yellow:** 660 nm & 540 nm Reactivates and purifies the skin. Helps with indigestion and bodily stress.
11. **Indigo:** Activates and eliminates impurities from the bloodstream.
12. **Violet:** 660 nm & 405 nm Relaxes the nerves and lymphatic system. Addresses inflammation and urinary illness.

Safety Instructions

1. Read and follow all instructions carefully.
2. When installing and using this electrical equipment, basic safety precautions should always be followed.
3. To reduce the risk of injury, do not allow children to use the sauna unless they are closely supervised at all times.
4. Do not use the sauna immediately following strenuous exercise. Wait at least 15 minutes to allow the body to cool down completely.
5. Excessive temperatures have a high potential for causing fetal damage during the early months of pregnancy. Pregnant or possibly pregnant women should contact their physician prior to using the sauna.
6. **Hyperthermia Danger:** Prolonged exposure to hot air will induce hyperthermia. Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6F (37C). While hyperthermia has many health benefits, it is important not to allow your body's core temperature to rise above 103F (39.5C). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, failure to recognize the need to exit, unawareness of impending hazard, fetal damage in pregnant women, physical inability to exit the sauna, and unconsciousness.
7. The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness.
8. Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
9. Persons using medications should consult a physician before using the sauna since some medications may induce drowsiness while others may affect heart rate, blood pressure, and circulation.
10. Exercise care when entering or exiting the sauna.
11. Never sleep inside the sauna while the unit is in full operation.
12. Do not use any type of cleaning agents on the interior of the sauna.
13. Do not stack or store any objects on top of or inside the sauna.
14. If the power supply cord becomes damaged, it must immediately be replaced by the manufacturer or its agent or a similarly qualified person to avoid a hazard.
15. Do not use the unit during an electrical storm, as there is a remote risk of shock.
16. Altering or tampering of any electrical connections on the power supply will void the manufacturer's warranty.
17. Dry your hands before handling electrical controls. Never unplug the power cord or adjust the controls with wet hands or when you have wet bare feet. A danger of electrical shock exists.
18. Do not attempt any repair without consulting the manufacturer first. Unauthorized repair attempts will void the manufacturer's warranty.
19. We strongly recommend the use of a GROUND FAULT CIRCUIT INTERRUPTER (GFCI) device in any potentially wet locations.
20. Your Clearlight sauna is made of the finest Mahogany or Basswood. All wood products have variations in the color, grain, and may have irregularities such as knots, and fine cracks. These reflect the natural beauty of the wood and should not be considered defects.
21. To safeguard against burns, do not touch heaters or lamps directly.

Contraindications

Medications

Individuals who are using prescription drugs should seek the advice of their personal physician or a pharmacist for possible changes in the drug's effect when the body is exposed to infrared waves or elevated body temperature. Diuretics, barbiturates and beta-blockers may impair the body's natural heat loss mechanisms. Some over-the-counter drugs such as antihistamines may also cause the body to be more prone to heat stroke.

Children

The core body temperature of children rises much faster than adults. This occurs due to a higher metabolic rate per body mass, limited circulatory adaptation to increased cardiac demands and the inability to regulate body temperature by sweating. Consult with the child's pediatrician before using the sauna.

Saunas & Older Adults

The ability to maintain core body temperature decreases with age. This is primarily due to circulatory conditions and decreased sweat gland function. The body must be able to activate its natural cooling processes in order to maintain core body temperature. Consult your doctor before using the sauna.

Cardiovascular Condition

Individuals with cardiovascular conditions or problems (hypertension / hypotension), congestive heart failure, impaired coronary circulation, or those who are taking medications, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat. Heat stress increases cardiac output, blood flow, in an effort to transfer internal body heat to the outside environment via the skin (perspiration) and respiratory system. This takes place primarily due to major changes in the heart rate, which has the potential to increase by thirty (30) beats per minute for each degree increase in core body temperature.

Alcohol / Alcohol Abuse

Contrary to popular belief, it is not advisable to attempt to "Sweat Out" a hangover. Alcohol intoxication decreases a person's judgment. Therefore, they may not realize it when the body has a negative reaction to high heat. Alcohol also increases the heart rate, which may be further increased by heat stress.

Chronic Conditions / Diseases Associated with a Reduced Ability to Sweat or Perspire

Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.

Hemophiliacs / Individuals Prone to Bleeding

The use of infrared saunas should be avoided by anyone who is predisposed to bleeding.

Fever

Individuals should not use the sauna when they have a fever.

Insensitivity to Heat

An individual that has insensitivity to heat should not use a sauna.

Pregnancy

Pregnant women should consult a physician before using a sauna because fetal damage can occur with a certain elevated body temperature.

Joint Injury

If you have a recent (acute) joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside. If you have a joint or joints that are chronically hot and swollen, these joints may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contraindicated in cases of enclosed infections be they dental, in joints or in any other tissues.

Important Safeguards

1. **READ INSTRUCTIONS** - All safety and operating instructions should be read before the sauna is installed and operated.
2. **RETAIN INSTRUCTIONS** - The safety and operating instructions should be retained for future reference.
3. **HEED WARNINGS** - All warnings on the sauna should be adhered to.
4. **FOLLOW INSTRUCTIONS** - All operating and usage instructions should be followed at all times.
5. **CLEANING** - Unplug the sauna from the wall outlet before cleaning. Do not use liquid cleaners or aerosol cleansers inside the sauna. Use a damp cloth for cleaning.
6. **ATTACHMENTS** - Do not use attachments that are not recommended by the manufacturer as they may cause hazards.
7. **WATER OR MOISTURE** - Do not use this product near water-for example near a bathtub, in a wet basement, near a swimming pool, or similar area.
8. **GROUNDING OR POLARIZATION** - This sauna is intended for use with a 3-wire properly grounded power socket Do not defeat the safety purpose of the supplied line cord and plug.
9. **POWER SOURCES** - This product should be operated only from the required type of power source indicated on the marking label. If you are not sure of the type of power supplied to your home, consult your local power company.
10. **POWER-CORD PROTECTION** - Power supply cords should be routed so they are not likely to be walked on or pinched.
11. **LIGHTNING** - For added protection for this product during a lightning storm, or when it is left unattended and unused for long periods of time, unplug it from the wall outlet.
12. **OVERLOADING** - Do not overload wall outlets as this can result in a risk of fire or electrical shock.
13. **SERVICING** - Always unplug this product from the wall outlet before servicing the product.
14. **POWER SUPPLY** - Do not remove power supply covers. No user-serviceable parts are located inside the power supply.
15. **REPLACEMENT PARTS** - When replacement parts are required, only use parts specified by the manufacturer. Unauthorized substitutes could result in fire, electrical shock or other hazards.
16. **SAFETY CHECK** - Upon completion of any service or repairs to this product by a service technician, ask the technician to perform safety checks to make certain that the product is in proper operating condition.
17. **MENSTRUATION** - Heating of the lower back area during the menstrual period may temporarily increase menstrual flow. Some women endure this process to gain the pain relief commonly associated with their cycle, whereas others simply choose to avoid saunas use during that time of the month.
18. **IMPLANTS** - Metal pins, rods, artificial joints or any other surgical implants generally reflect far infrared waves and thus are not heated by this system; nevertheless you should consult your surgeon prior to using an infrared sauna. The usage of an infrared sauna must be discontinued if you experience pain near any such implants. Silicone does absorb far infrared energy. Implanted silicone or silicone prostheses for nose or ear replacement may be warmed by the far infrared waves. Since silicone melts at over 200°C (392°F), it should not be adversely affected by the usage of infrared saunas. It is still advised that you check with your doctor and possibly a representative from the implant manufacturer to be certain.
19. The sauna is not to be used by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction.
20. Children should be supervised and should not play in or near the sauna.
21. Infrared sauna is to be inspected before either re-starting the timer or by switching on the appliance by a separate remote-control system.

Important Safeguards - Continued

22. Cleaning with steam cleaners, high pressure cleaners and spraying water is not allowed.
23. It is recommended that the infrared sauna is not used within 24 hours after excessive UV radiation exposure from artificial sources or sun-bathing.
24. Individuals who may be at risk from hyperthermia, such as individuals suffering from cardiovascular disease, should seek medical advice before use of infrared sauna.
25. If you are a person with compromised heat pain sensation or under the influence of alcohol or tranquilizers you should not use the infrared sauna.
26. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
27. Replace infrared emitters with the exact same manufacturer and model of emitter.

Warranty

Sauna Works, Inc. ("Company") offers the following to the original purchaser of any Sauna Works manufactured or distributed Clearlight® saunas ("Sauna") and designated parts and accessories:

Product	Indoor Residential-Use Saunas*	Outdoor Residential-Use Saunas*	Commercial-Use Saunas
Clearlight® brand sauna Cabin	Lifetime	5 Years	5 Years
Factory-Installed Sauna Controls and Wiring	Lifetime	Lifetime	5 Years
Factory-Installed Heater Components	Lifetime	Lifetime	5 Years
Factory-Installed Audio Component	Lifetime	Lifetime	5 Years
Labor on Clearlight® brand sauna Cabin (USA & Canada only)	7 Years	5 Years	5 Years
Labor of Factory-Installed Components (USA & Canada only)	7 Years	5 Years	5 Years
Water Resistant Cover (fabric only)	1 Year	1 Year	1 Year
Non-Factory Installed Components, Options, Parts and Accessories	Per manufacturer's warranty unless specified in Sauna Works' Quote, Invoice or Website		

* Extends to outdoor use if purchased simultaneously with and kept continually covered by the Sauna Works water-resistant cover specified for that Sauna model.

For the coverage period specified ("warranty period"), Company agrees to repair or replace, at its sole option, the products listed above, subject to and solely in accordance with the terms, conditions, exclusions and limitations set forth herein. PLEASE READ THIS LIMITED WARRANTY IN ITS ENTIRETY TO UNDERSTAND YOUR RIGHTS AND OBLIGATIONS.

Limited Warranty On Sauna Cabin And Factory-Installed Components

Company warrants to the user during the warranty period (a) that the Sauna Cabin will maintain its structural integrity and for outdoor models, that it will not leak, and (b) that factory-installed components (i.e., heater controls, power supply, electrical wiring, and audio system) will be free from defects in material or workmanship. This limited warranty shall not apply to any display model unless expressly agreed by Sauna Works in writing at the time of purchase or to any Sauna installed more than six months after the delivery date.

Labor Warranty For Sauna Cabin And Factory-Installed Components

The Sauna cabin and factory-installed components are covered under Company's labor warranty for the specified labor warranty period.

Limited Warranty On Non-Factory-Installed Components, Options, Parts And Accessories

Non-factory installed components, and Sauna Works options, parts and accessories are not warranted to the user against defects in material or workmanship except to the extent of any warranty period expressly set forth in the Sauna Works final quote or invoice. These items may also be covered by a manufacturer's warranty which may have a longer duration than this limited warranty. Please confirm with the manufacturer of these items the duration of its warranty. If no warranty period is specified, only the manufacturer's warranty, if any, shall apply.

The Sauna Works water-resistant cover warranty only applies to the cover's fabric under normal usage and environmental exposure. It does not cover failure or unserviceability resulting from excessive environmental exposure, cleaning or other chemicals, or failure to follow the care instructions included with the cover.

Disclaimer Of Implied Warranties

ALL IMPLIED WARRANTIES, INCLUDING WITHOUT LIMITATION, THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE HEREBY DISCLAIMED IN THEIR ENTIRETY OR TO THE FULLEST EXTENT ALLOWED BY LAW. THIS LIMITED WARRANTY TAKES THE PLACE OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, IN FACT OR AT LAW, INCLUDING IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE.

Warranty Limitations And Exclusions

The warranty period begins on the date the unit is purchased by the user. This warranty may not be transferred, sold, donated, gifted or assigned to a third party except with the prior written consent of Sauna Works, in its sole and absolute discretion. Absent written consent, only the original purchaser can make claims hereunder. All warranty labor must be performed by the Company or its designated representative using authorized Sauna Works parts. No agent, dealer, distributor, service company or other party is authorized to change, modify, or extend the terms of this limited warranty in any manner whatsoever. Any warranty so provided shall be solely their separate obligation. As used in this warranty, (a) "commercial use" shall mean any use that involves a fee, rate, charge, or other consideration, any use directly or indirectly in connection with a business, going concern, or undertaking intended for profit or pecuniary gain, and any non-residential use, (b) "residential use" shall mean when purchased for use by a single-family for internal household purposes, and (c) "user" shall mean the original purchaser. Defects, damage, or failure ("Damage") caused by delivery service providers is covered by shipping insurance and not covered under warranty. The limited warranty does not cover Damage caused by the installer, user, or other persons and animals, including without limitation, termites and other wood-destroying insects or rodents. The limited warranty excludes Damage resulting from careless handling, improper location, storage, or relocation, as well

as from cleaning, painting, staining or other use of abrasive or improper chemicals. The limited warranty also excludes Damage arising from user's or a third party's negligence; modification of any type for any reason (including modification to meet local codes); improper installation (including installation not in accordance with instructions and specifications provided with the unit); connections supplied by the installer of the equipment, an electrician or a third party; improper voltage supply; unauthorized electrical modification; misuse; improper use; abuse; incorrect operation, lack of proper routine or preventive maintenance; unauthorized repair by a third-party; normal wear and tear; fire, and acts of God such as lightning, floods, earthquakes, etc. Outdoor Use - Sauna warranties do not include damage arising from a failure (i) to maintain the Sauna on a flat, level, hardtop surface with adequate drainage and (ii) to keep the exterior free and clear from plants, trees, grasses, soil, and snow deposits.

The limited warranty does not include: labor, transportation, or other costs incurred in the removal and/or re-installation of the original unit and/or installation of a replacement unit; any costs relating to obtaining access for repair; or loss of use damage, including loss of sales, profit or business advantage of any kind under any circumstances. The labor warranty is provided in the United States of America and Canada only. Users shall be obligated to pay for postage and handling for mailing and delivery of any products outside the United States and Canada. Dated proof of purchase of the product is required for a warranty claim. These Disclaimers shall be equally applicable to any labor or service provided by Company and its designated representatives.

Responsibilities Of Others

Unless otherwise expressly agreed in writing, (a) all installers are separately contracted for by the user and are not under the direction and control of Company, (b) the installer is the user's responsibility, and (c) Company will have no obligation, liability, or responsibility in connection with the same. Your installer is responsible for inspecting the unit prior to installation and ensuring the unit is free of defect or damage. Notices are placed on and in the unit and on the shipping carton advising the installer of this

responsibility. In the event of a problem identified prior to installation, the unit must not be installed, and the Company is not responsible for failures or damage that could have been discovered, repaired, or avoided by proper inspection prior to installation. Damage occurring in transit is the responsibility of the carrier. The user or installer MUST open the crate and inspect the unit for damage when it is delivered. If damage is discovered, it must be reported immediately to the seller and the carrier in writing, and an inspection requested. Failure of the carrier to respond should be reported to the seller and the carrier. Your freight claims should be filed promptly thereafter. Damage occurring to the unit during installation is the responsibility of the installer and/or building contractor and damage occurring thereafter is the responsibility of the user. Failure of any non-factory installed components, parts and accessories is the sole responsibility of the equipment manufacturer except as provided above. Any replacement parts shall be covered only by the original equipment manufacturer warranty, if any. Your installer is responsible for knowing local code requirements and installing the unit safely in accordance with the same. The Company is not responsible for costs to modify any product to obtain any code approval, such as city, county, or state building codes.

Warranty Service

For the user's benefit, the Company maintains a list of independent service personnel to perform required warranty service repairs. Such firms are not agents or representatives of the Company and cannot bind the Company by words or conduct.

The Company will provide the warranty service described above when the following conditions have been met: the failure is covered by the warranty; the user has informed an Authorized Sauna Works Warranty Service Department Representative of the nature of the problem during the warranty period; conclusive evidence (e.g., proof of purchase or installation) is provided to the foregoing by the user proving that the failure occurred or was discovered within the warranty period; and, an authorized independent service person or Company representative

has been permitted to inspect the unit during regular business hours within a reasonable time after the problem was reported by the user. In order to obtain warranty service, contact Sauna Works at:

www.InfraredSauna.com or

Sauna Works

Warranty Service Department

1077 Eastshore Highway

Berkeley, California 94710

Call: (800) 798-1779 or (510) 601-1775

To obtain warranty service, call or write the above. Provide a description of the problem and proof of purchase. You will be instructed how to obtain replacements and where to return, at your expense, the failed component(s), option(s), or accessory(ies). All replacement parts, equipment, and repairs shall assume the remaining warranty period of the part(s) replaced and do not extend the same.

The Company's warranty obligation shall be discharged upon tender of replacement or repair. The customer's refusal to accept the tender terminates the Company's warranty obligation. Company will only pay for shipping and handling fees to return the repaired or replacement unit to you if we elect to replace the defective unit.

LEGAL RIGHTS: This Limited Warranty gives you specific legal rights. Warranty obligations are provided by Company and not Clearlight brand saunas or its affiliates. There are no warranties applicable to Clearlight brand sauna products manufactured and distributed by Company, except as expressly stated herein or as implied by applicable state and federal laws. You may also have other rights that vary from state to state. Some states do not allow limitations on how long an implied warranty lasts, disclaimer of certain warranties, or the exclusion or limitation of incidental or consequential damages, so some of the above limitations and exclusions may not apply to you. Company will not be responsible for any statements or representations made in any form that go beyond, are broader than, or are inconsistent with any technical specifications furnished by the Company.

LIMITATION OF LIABILITY

THE REMEDIES DESCRIBED IN THIS LIMITED WARRANTY ARE YOUR SOLE AND EXCLUSIVE REMEDIES AND COMPANY'S ENTIRE LIABILITY, INCLUDING, WITHOUT LIMITATION, FOR ANY BREACH OF THIS LIMITED WARRANTY. COMPANY'S LIABILITY SHALL UNDER NO CIRCUMSTANCES EXCEED THE ACTUAL AMOUNT PAID BY USER FOR THE APPLICABLE DEFECTIVE PRODUCT, NOR SHALL COMPANY UNDER ANY CIRCUMSTANCES BE LIABLE FOR ANY CONSEQUENTIAL, INCIDENTAL, SPECIAL OR PUNITIVE DAMAGES OR LOSSES, WHETHER DIRECT OR INDIRECT. IN ADDITION, THE COMPANY WILL NOT BE RESPONSIBLE FOR CONSEQUENTIAL, INCIDENTAL, SPECIAL OR PUNITIVE DAMAGES OR LOSSES, WHETHER DIRECT OR INDIRECT FROM ANY CAUSE WHATSOEVER, INCLUDING BUT NOT LIMITED TO COMPANY'S GROSS NEGLIGENCE. THIS EXCLUSION APPLIES EVEN IF COMPANY WAS ADVISED IN ADVANCE OF THE POSSIBILITY OF SUCH DAMAGES. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.