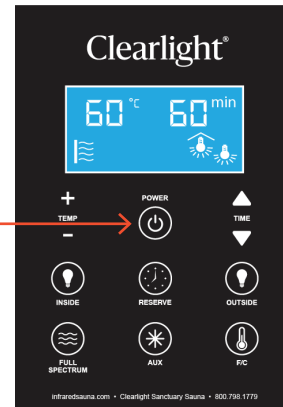


# Using Your Sauna Control Panel

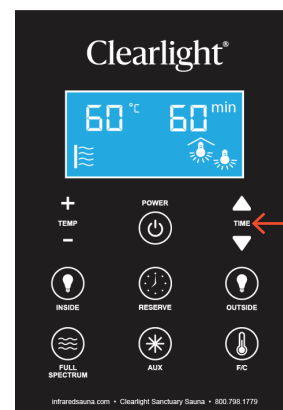
## System On/Off

1. Press the **"POWER"** button once to turn on the sauna.
2. Your session will automatically end after the programmed timer expires.
3. Press the **"POWER"** button at any time to turn off the sauna.



## Sauna Session Time

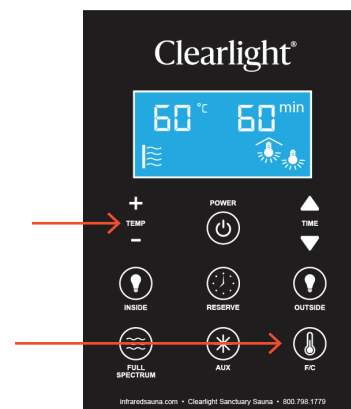
You can **set the duration of your sauna session** for a maximum of 60 minutes. Press the TIME UP or TIME DOWN buttons to increase or decrease your desired sauna session time in 1 minute increments. When you have reached your desired time, release the button.



## Controlling the Set Temperature

You can **program your sauna for a maximum temperature** of 175°F (79.4°C). Press the TEMP UP/DOWN (+/-) buttons to set the desired temperature. When the display shows your desired temperature, release the buttons. Press either the TEMP UP or TEMP DOWN buttons during your sauna session to manually control the desired cabin temperature.

You can **alternate between Fahrenheit and Celsius** by pressing the F/C button on the keypad.



## Inside / Outside Light

1. Press the button labeled “**INSIDE**” to turn on or off the interior light.
2. Press the button labeled “**OUTSIDE**” to turn on or off the exterior light and the heater back lights.



## Full Spectrum

Press the “**Full Spectrum**” button to change the intensity of the front Full Spectrum heaters.

The heaters will turn on initially at 100%.

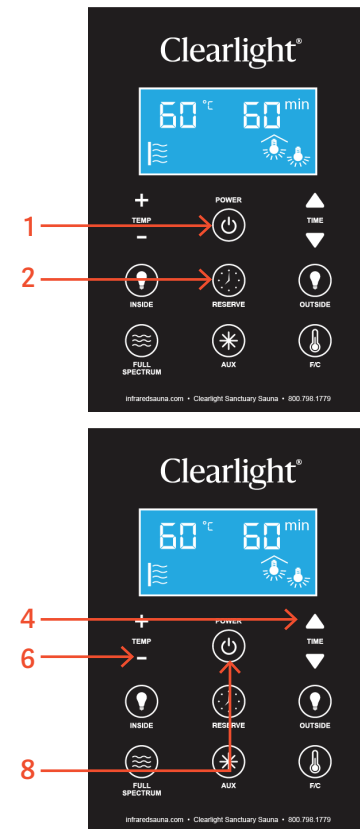
1. Press the button once to change to 50% intensity.
2. Press the button a second time to change to 75% intensity.
3. Press the button a third time to change to 100% intensity.



## Reservation

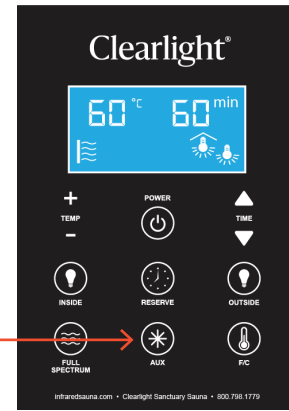
You can **preset your sauna** to turn on up to 36 hours in the future:

1. Press the POWER button to turn on your sauna.
2. Press the RESERVE button.
3. The time and temperature will begin to flash.
4. Press the TIME UP button to set the number of hours ahead you would like your sauna to turn on.
5. The range is 1 - 36.
6. Set the maximum set temperature by pressing the TEMP UP or TEMP DOWN button.
7. The keypad will flash and the time will count down in one hour increments until the sauna turns on.
8. To cancel the reservation, press the “POWER” button once to turn off the sauna.



## AUX

The **AUX button** will be used to control additional features that can be added to your sauna. The instructions to use these features will be included when the item is purchased.



## Auxiliary Outlet

There are **two activation** methods for the auxiliary outlet:

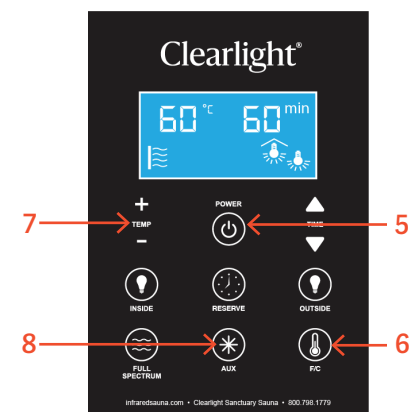
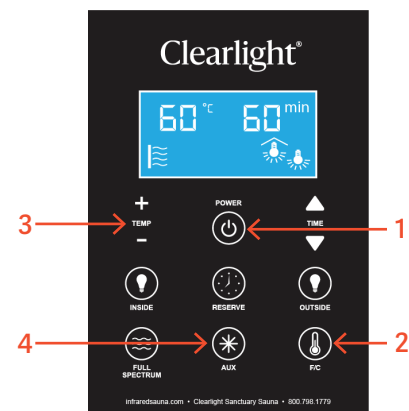
The default activation (the auxiliary outlet will power on in unison with the sauna's heaters.)

If the sauna loses power (unplugged, tripped breaker, power outage, etc.) it will be **necessary to repeat the activation**:

1. Power the sauna ON
2. Press the F/C button to convert your display to Celsius
3. Set the temperature to 60C using the TEMP +/- buttons
4. Press and hold the AUX button ~ 10 seconds

**Independent mode activation** (allows the outlet power without the sauna/heaters powered on) must be reactivated with each use:

5. Power the sauna ON
6. Press the F/C button to convert your display to Celsius
7. Set the temperature to 40C using the TEMP +/- buttons
8. Press and hold the AUX button ~ 10 second



## Keypad Lock

The **keypad can be locked to prevent** it from being turned on or off or the temperature adjusted. There are two locking functions:

1. Lock Entire Keypad: Hold down the "INSIDE" button for 15 seconds. This will lock the entire keypad. To unlock the keypad, repeat the above step.
2. Lock Keypad - Light Button Will Continue To Work: Hold down the "OUTSIDE" button for 15 seconds. This will lock the entire keypad except the light button. To unlock the keypad, repeat the above step.

