

How to Apply Interior No VOC Varnish

This interior No Voc Varnish requires a two coat process

****This first step does NOT apply to new saunas****

1. Lightly sand the bench, floor and wood heater guards using 150 grit sandpaper. Just a light, quick sanding is all it needs. If there are any stains, you may want to give that area a little more sanding so you don't varnish in the stain.
2. Apply the varnish to the bench, floor and heater guards using a brush.
3. Run the sauna for 2 hours at full temperature.
4. Lightly sand the sauna using the 150 grit sandpaper.
5. Reapply the varnish.
6. Run the sauna one more time for 2 hours at full temperature.

The varnish will last about 5 years and will really protect the wood well. It will make wood maintenance very easy.